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HEALTH • PAGE 48



WHY WE'RE ROWING AROUND BRITAIN IN A TINY BOAT P56

The £1bn deal

Chinese eye Albert Dock site

A £1billion investment by a Chinese company which aims to create the next Canary Wharf in the Royal Docks has been hailed as a "huge boost". On a visit to the site, ABP chairman Xu Weiping said: "My vision is to develop a world class international business district which will initially target Asian businesses to help them secure a destination in London." • **Full story / Page 5**



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Sunny

TRAVEL

DLR is suspended between Island Gardens and both Westferry and Poplar all weekend. Jubilee line is fine.

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ESTABLISHED 1998

Agenda

Show some restraint with a postcard

When was the last time you received a postcard? I have hundreds of the things from art exhibitions, iconic global architecture and those shops that sell face masks of the royal family with their eyes cut out.

I never have any intention of posting them. I buy postcards to pin to my wall, use as bookmarks and to shove in the back of cupboards to gather dust.

If I do communicate with people while I'm on my travels I prefer a picture message. Nothing says "in your face" more than receiving a photo of an alcoholic drink-wielding

BLONDE'S EYE VIEW



ANGELA CLARKE

mate gurning in front of an exotic backdrop, while you're pancaked between gropey man and his sidekick bad breath guy on the Jubilee line.

Some people feel the need to ratchet up the gloating further. I'm talking about those who update their Facebook status every two seconds while on their "BEST HOLIIIIIIIDAY EVA!!!! Lol."(sic).

They've caught the travellers' version of verbal diarrhoea. Delhi belly style, they vomit a constant stream of drink prices and photos of their toes in the sand.

It's a sad sight to witness. Instead of being jealous of their epic holiday

skills, I'm left in no doubt they're lonely and spend their nights crying into their pina colada before fighting man size cockroaches and trying to sleep in a bed that smells of wee.

No one who's genuinely having a good time needs to reinforce it relentlessly to the rest of the world. Ditto couples who publicly declare their love for each other over social media. I give it six weeks tops.

Perhaps it's time to resurrect the actual sending of postcards. Very few dark secrets were revealed with the simple "wish you were here".

Follow Angela on twitter:
@TheAngelaClarke

London Eye



REUTERS

The Queen visits the Charger Lines during a visit to The Kings' Troop at Woolwich Barracks near where soldier Lee Rigby was killed on a busy street

What our writers are talking about



■ As with everything, I over-analysed the invitation to the birthday party. Friends, the invitation, said. "Friends".
Tabitha Ronson

■ Residents won't thank us for any name-calling or deepening the impact from austerity as we move towards the elections.
Lutfur Rahman

■ This film – brash, naughty, endearing – is the shameless antidote to the years of lies and cover-ups by Librace.
Giles Broadbent

■ Need something to take you from zero to hero in the office? No-one can refuse a picture-perfect cupcake.
Beth Allcock

Corrections & Clarifications

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60 Second Wharf

NEWS

Fears for park's future

A bid for a cultural and community centre on an Island Gardens park has worried nearby residents.

News • Page 4

Bring students online

Microsoft has picked a charity in Bow to spearhead attempts to bring computer training to everyone.

Digital • Page 7

Help solve cold case

Police are seeking information on a girl who went missing in 1959, the oldest case on their books.

News • Page 9

FEATURES

Breaking the code

An innovative theatre company is telling the tale of Bletchley Park with the aid of multi-media.

What's On • Page 46-47

Cycling up the volts

More people will take up electric bicycles as the network and technology improves, says a bike pioneer.

Health • Page 48

Sipping the tippie

We travel to the spiritual home of sherry to get a handle on the complex flavours of the tippie.

Food • Page 50



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Cheers as Old Ship sets sail for brighter future

COMMUNITY

Council changes its mind after locals rally round to save well-loved pub

Beth.Allcock
@wharf.co.uk

Amid the misery of pub closures across the East End, Limehouse's Old Ship has weathered a storm that threatened its 184-year existence.

The watering-hole in Barnes Street started the year with its future in the balance after hearing its lease – owned by Tower Hamlets Council – was being put on the market.

It has been a dismal time for the area's pub scene, with 113 venues shutting their doors during the last five years, according to figures by trade consultant CGA Strategy.

But after a dedicated fight by licensee John Fell, coupled with the support of the tavern's locals and the kindness of strangers, the Old Ship has sailed into more tranquil waters with the offer of a new 15-year lease.

East Londoner John, who used to run Bootys Riverside Bar in Narrow Street, said his regulars were "over the moon" at the news, and he hosted a celebratory party at the weekend.

"I feel relieved and vindicated," said the 59-year-old, whose business is also his home.

"We knew from day one we had a good case. The pub was built in 1829 and there's a lot of history here – my grandparents drank here, and I come from the area.

"It's full of local people all the time and I put my flag up and said I'm not moving.

"You read everywhere pubs are closing down and being made into supermarkets and shops or homes and this is bucking that trend."

The licensee said the Limehouse community had thrown its weight behind the pub's fight, generating 1,260 signatures on a petition.

Representatives from the Campaign For Real Ale (Camra), Stonewall charity and MEP Michael Cashman also offered their support.

"It's really strange, word got round that pubs were closing down and complete strangers pulled up in their



John Fell behind the bar at the Old Ship – where he can now stay for at least the next 15 years

cars, and walked down from the DLR, and said 'can we sign your petition?' It was quite something.

"Hopefully we can use this to get the place rock and rolling again."

Camra London Pubs adviser Dale Ingram said: "It's wonderful news, not just for John but for pubs in crisis everywhere in London. Given we have lost so many pubs in east London, this is a particularly far-sighted piece of action on behalf of Tower Hamlets Council.

"What Camra is now encouraging John to do is make an application for registration of the pub as an asset of community value. That should secure the pub land for community use."

A council spokesman said: "The council recognises the value pubs bring to support a cohesive community and the Old Ship is no exception as a well-established social venue."



113

East End pubs have closed in last five years

NEWS IN BRIEF

Around Docklands

Murder accused appear in court

WOOLWICH The second person charged with the murder of soldier Lee Rigby in Woolwich has appeared in court.

Michael Adebolajo was remanded in custody after the hearing at Westminster Magistrates on Monday.



His co-accused Michael Adebowale, 22, from Greenwich, appeared at the Old Bailey via video link from Belmarsh Prison later on Monday.

DLR closures to affect market

DOCKLANDS No DLR trains will be running to Canary Wharf at the weekend as staff carry out engineering work.

The line will be suspended from Island Gardens to both Westferry and Poplar. Those affected by the closure include people attending Wood Wharf's second farmer's market on Saturday.



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8,000

workers are busy
building Crossrail at

40

construction sites
aided by

8

tunnel boring machines,
with six in operation
which have built

7

miles of tunnels of the
26 miles in total

SOURCE: CROSSRAIL

Crossrail workers stand in the Canary Wharf station box with the mighty Elizabeth boring machine behind them

Community centre puts park future under cloud

PLANNING

Beth.Allcock
@wharf.co.uk

PLANS for a community centre in Island Gardens Park have sparked concern among residents, who fear it could set a precedent for landowner Tower Hamlets Council to "hive off" the Grade II-listed site to developers.

An application to install a portable building for "social welfare activities" is currently being considered by the authority.

Agent Keystone Property Consultants Ltd, acting on behalf of the applicant, said the facility would operate 10am to 11pm.

If given the green-light, activities on-site would be provided by a local community organisation and include health awareness, language classes, after-school tuition and seminars and meetings for those of different cultures and faiths.

But those living on Saunders Ness Road, including Ray Lindsay, have been quick to strike up a petition.

He said he thought the plans represented a "misuse of the park", with the earmarked land potentially being

Elizabeth breaks into station box

TRANSPORT

Milestone marked as third of Crossrail project completed

Kay.Lockett
@wharf.co.uk

A 1,000 tonne tunnelling machine named Elizabeth has broken through into the Canary Wharf Crossrail station.

Friday marked a milestone in the £14.8 billion rail scheme, as the machine broke through 90ft underground into the Canary Wharf station box. The entire Crossrail project is now more than one-third complete.

London Mayor Boris Johnson, who was in attendance to celebrate the achievement, said: "Many thought it would never happen, it seemed almost unimaginable, there were so many doubters."

"With the arrival of this gigantic tunnelling machine here in Canary Wharf, we can be in no doubt it's on its way. Aren't you glad we didn't stop? We kept digging and thank goodness we kept going."

"We are on our way to delivering this great transport infrastructure on time and on budget – this is a vital lesson in the importance of maintaining investment in infrastructure."

The new Canary Wharf Crossrail station box has been designed and built by Canary Wharf Group which is also delivering a four-storey retail development above the ticket hall and platform levels.

Secretary of State for Transport, Patrick McLoughlin said: "This is UK engineering at its best – we will leave

Mayor Boris Johnson said the line should be named after the Queen, "someone who has served her country so unfailingly and well for 60 years".



a legacy of far more than just a new railway.

"Over the past few years Crossrail has let contracts worth more than £6 billion, more than half to small and medium-sized businesses, which are supporting jobs across the country."

Elizabeth will now take a short rest in Canary Wharf before continuing her journey east to Stepney Green.



A notice in Island Gardens Park, protesting against plans

"hived off for a completely different use".

He said: "It seems completely wrong. We would hope the council is a custodian, a safe pair of hands keeping the park safe."

"Now it isn't clear. Shouldn't it be something suitable for the park or, even, just returning it to a park planted with flowers?"

Alongside fellow campaigners, the group's four-pronged attack focuses on the location, need and impact of the facility on the wider area.

A statement from the council said the area was not listed.

"Given the sensitive location of the site, the council is of the view that any development on the site would need to ensure that it did not have an adverse impact on the special character of the surrounding area," it said.

"With regard to preserving its facilities, the council regularly reviews assets and land holdings within its portfolio with a view to identifying opportunities to dispose of properties and sites that are not held for specific service use."

Go to <http://tinyurl.com/islandgardens-petition> to sign the petition.



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The Chinese are coming

REGENERATION

£1bn investment to create third financial district

Rob.Virtue
@wharf.co.uk

A £1billion investment which aims to create the next Canary Wharf in Newham has been hailed by businesses as a "huge boost".

Chinese firm Advanced Business Park last week struck a deal with London Mayor Boris Johnson to carry out the redevelopment of the site at Royal Albert Dock, which covers 35 acres.

It will include homes and offices, earmarked mainly for Asian firms, and was heralded as the capital's third financial district, bringing tens of thousands of jobs to the capital.

The news received the backing of the London Chamber of Commerce and Industry, with its chief executive Colin Stanbridge saying it put London in a prime position as a "world class business environment".

The development is set to be carried out in five phases, with the scheme opening in 2017 and fully completed by 2021/22.

ABP's chairman Xu Weiping told Reuters he was looking to see 70 per cent of the space sold to Asian companies.

He said: "My vision is to develop a world class international business district which will initially target Asian businesses to help them secure a destination in London, which in China is seen as the gateway to the UK and the wider European economy."



ABP (Advanced Business Park) chairman Mr Xu Weiping (second from left) and delegates look around the derelict site at Albert Dock. Below, an artist's impression of how the site could be developed



As well as the adjacent City Airport and the Crossrail link, the scheme will be supported by transport infrastructure including the DLR.

But Mr Stanbridge said the development demanded more river crossings, including a Thames Bridge at Gallions

Reach. He said: "One of the main attractions of the Royal Docks as an area for investment is its proximity to transport connections such as London City Airport and Crossrail," said Mr Stanbridge.

"Continued investment in east London's transport infra-

structure must therefore be seen as a necessity if this part of the city is going to continue to attract these deals.

The Greater London Authority estimates the scheme will bring £6billion to the economy, with £23million a year brought in by business rates, which will be reinvested.



GETTY

NEWS IN BRIEF

Around Tower Hamlets

Fundraisers urged to submit money

CANARY WHARF Fundraisers are being urged to submit their sponsorship cash following the Canary Wharf Jog.

The British Heart Foundation hopes to secure £60,000 from May's fun-filled event when 1,500 runners pounded the pavements of the estate to complete 1km circuits.

Call 0845 130 8663 or email events@bhf.org.uk for information, or send donations to BHF Events, Lyndon Place, 2096 Coventry Road, Sheldon, Birmingham, B26 3YU.

Mayor offers cash for uni students

TOWER HAMLETS Young people will be given grants to help them with the cost of university, as part of a new scheme being launched this week by Mayor Lutfur Rahman.

Some 400 students will receive payments totalling £1,500 each to help with costs.

The mayor said: "I am delighted that we are the first local education authority in the country to be supporting our students in such an innovative way."

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Digest

The Week In Brief

May 30-Jun 6 • Round-up of news from the last 7 days



REUTERS

Photo story

CANARY WHARF Shadow chancellor Ed Balls came to Canary Wharf on Monday to outline why a Labour government would target rich pensioners by cutting winter fuel payments.

Speaking at Thomson Reuters, Mr Balls said that 600,000 over 61s who paid higher and top rates of income tax would lose their allowance, saving £100million a year.

He said: "At a time when the public services that pensioners and others rely on are under strain, it can no longer be a priority to continue paying the winter fuel allowance to the wealthiest pensioners."

Discrepancy in levels of councillors, says Labour

TOWER HAMLETS The borough's rocketing population is missing out on its fair share of councillors, according to Labour.

The borough's members criticised the Boundary Commission by pinpointing what they believe is a "serious discrepancy" between the number of residents each councillor represents in the East End.

Figures from the Boundary Commission's review show by 2018, Tower Hamlets will have one councillor representing 4,417 residents, while in Kensington and Chelsea, an elected member will be shared with 2,270 people.

Man, 22, charged after body found in flat fire

DEPTFORD A man has been charged with the murder of an 82-year-old.

Tuan Anh Lee, 22, who is Vietnamese and of no fixed abode, was arrested on Saturday.

Police have also issued against him charges of two counts of arson with intent to endanger life and a further two counts of arson reckless to whether life was endangered.

Giuseppina Fazzani was pronounced dead at the scene of a blaze which enveloped flats in Deptford High Street, on May 29.

Her next of kin have been informed and an inquest is ongoing.

Stone age rockers to play record shop gig

SHOREDITCH Queens Of The Stone Age have announced plans to play an intimate gig at Rough Trade East on June 11 at 9.30pm.

"Just can't wait til September? Well, Keep your pretty eyes peeled London, cause you never know where we might turn up," the band tweeted before the official announcement.

The band released their new album called... *Like Clockwork* on Monday. It features a number of guest performers.

[Review / Page 47](#)



MP calls for controls on web's radical preachers

NEWHAM MP Stephen Timms, who was attacked by a Muslim student in Beckton three years ago, has said that ministers should investigate the removal of extremist material from the web.

Mr Timms said: "It does appear that it was exactly that material which led to my being stabbed and I would feel much better if it wasn't there."

"My scepticism is whether it is technically possible to do so with the amount of stuff that's being uploaded."



Auction success boosts Tube memorial charity

BETHNAL GREEN A charity striving to commemorate those who lost their lives in the Bethnal Green Tube disaster is one step closer to its aim.

The Stairway To Heaven Memorial Trust is hoping its latest fundraiser – a charity auction hosted by the Mayor of London Boris Johnson and comedian John Ryan – has added at least £5,000 to its target of £100,000.

A total of 173 people were crushed to death in 1943, when the east London Underground station was being used as an air raid shelter. Go to stairwaytoheavenmemorial.org.

IT hub to bring the digital age closer to home

TRAINING

Microsoft picks charity to reach out to those who might have missed out

Beth.Allcock
@wharf.co.uk

Software giant Microsoft is backing a Limehouse charity to spearhead a new youth project spreading IT skills across east London.

Streets Of Growth is one of 30 centres across the country to be hand-picked to be a Microsoft IT Youth Hub, in a collaboration between the US firm and UK Youth.

Teaching youngsters computing techniques and knowledge will be a priority for the organisation – which aims to reach Tower Hamlets residents aged 12 to 22 – with two, Bow-based IT champions Farhadul Islam and Shah Qureshi, taking on the teaching roles.

Upgraded computer equipment has been installed in a dedicated room at the charity's Chriss Street base, with the young leaders set to teach their peers the nuts and bolts of IT.

Youth worker Christina Hicks, co-ordinating the project at Streets Of Growth, said its east London location – within easy reach of Tech City and Canary Wharf's Level39 – was an ideal fit for the project.

She said: "The most important thing for us is to reach as many young people as possible.

"That's a massive ambition – that these young people can feel included in the technology that's around them.

"There are lots of kids who get IT teaching at school but we are involved with young people who have become disengaged from school, and we want to provide access for them.

"It's so hard for young people to see adults doing a job but then can't visualise getting into that profession.

"If they see a person that's only a couple of years older, then they think 'maybe I can do that'.

"It makes it easier for young people to be inspired by other young people.



Jim Fitzpatrick and Christina Hicks, left, with clients and supporters of Streets Of Growth in Bow where Microsoft is sponsoring IT training

TECH UPDATE

■ Venture investor Russ Shaw has set up Tech London Advocates to push the interests and concerns of the sector.

■ He said: "I'm unashamedly positive about the way London is handling the tech scene. But there are issues that need addressing so I launched TLA."

■ He said much was set in place to help start-ups but the two big obstacles were access to later-stage capital and shortage of talent in running later-stage high growth businesses.

■ He said TLA, which was a private sector led group, mainly from FTSE 250 companies, would be investigating how to tackle these issues.

"The digital industry is what's driving us out of recession and that's where the jobs are going to be.

"It's important the young people don't get left behind.

"There's not many jobs you can go for where you don't need some knowledge, even if you are self-employed you need to do your own budgeting or emails.

"There are very basic skills we take for granted but if you have grown up in a household without a computer you might never learn."

MP Jim Fitzpatrick visited the charity last Wednesday.

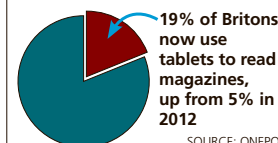
The Microsoft IT Hub is open to the public every Tuesday, Wednesday and Thursday from 5pm to 7pm. Go to streetsofgrowth.org or call 020 7515 7356.

BRIEFING



App of the Week

Hotspot Shield
Providing security for your internet communications, this app protects your identity online while keeping your web activity private. Hotspot Shield runs in the background, protecting all applications, email and web browsing from third-party interference.
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SOURCE: ONEPOLL

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Notebook

Invitation suggests that I'm part of cool and the gang

The invitation read: "Dear Friends, I would be delighted if you would join me to celebrate my 40th birthday."

I was surprised – and a little bit overwhelmed – as it came from a fellow mum at Master A's school who is seriously cool. I know I sound like a third grader but *she so is!*

As with everything, I over-analysed the invitation. Friends, the invitation, said, "Friends". She considers me a friend. Or was it simply one of those mass produced Standard Life letter saluta-

tions? I wondered how many other mums I would catch up with at the bash.

The party was on Sunday; an afternoon barbecue affair. I stressed about what to take as a present. What do you get someone with whom you're not that well acquainted?

We've met up for a couple of coffees, our sons have had a few play dates, I've been over to her house once for dinner. We do, however, seem to click.

I stressed about what to wear. I stressed about who was going to be there.

WORKING MUM



TABITHA
RONSON

Master A abandoned me as soon as we arrived, running straight into the garden and launching himself on the trampoline alongside his school chum.

After hugging the birthday girl and handing over her presents (I went for the safe option of Champagne, flowers and truffles), I scanned the room, looking for a familiar face from the school gate. There was a handful of guests, no-one I recognised. Perhaps, the other mums were all being unfashionably late?

I was happy to mingle, introducing myself to the other guests. Each of them

had a lifetime history with the birthday girl: a couple of old college chums, a former work colleague known for 15 years', an old family friend. An hour into the party and there were still no other mums.

"Thank you all for coming," she said, after blowing out her birthday candles. "I'm so happy that you're all here, that I get to share this day with the people who are dear to me."

Working Mum, happy to know there are still good friendships to be made in this life – whatever your age.

POLITICAL VIEWPOINT

By Lutfur Rahman

Jobs are built on a strong start in school

Before the Olympic Games, I outlined my commitment to help local people realise the opportunities presented by the Games and I was pleased to learn that 3,965 Tower Hamlets residents were successful in finding work with Games organiser Locog during London 2012.

Supporting residents into employment starts in our schools and this week these schools also received praise from Education Secretary Michael Gove and former Education Secretary Estelle Morris.

Of course much of what we have been able to do locally creating jobs is dependent on what happens nationally with the economy – at the backdrop



What we can do is dependent on what happens nationally

of the worst recession since the Great Depression – a fact that I do wish Greater London Assembly member John Biggs could understand.

Now John wants to be Mayor as well, and instead of attacking this Tory led Government's austerity policies, he has been turning on me and my administration.

I appreciate John, like me, wants to see Tower Hamlets do better, but perhaps he might have a word with some of his own Labour councillors who have been doing their level best to target the borough and its residents.

By all means let us debate policies and how we might all try and better the lives of local residents in these difficult times. Residents won't thank us for any name-calling or deepening the impact from Tory austerity as we move towards next year's elections.

Executive mayor,
Tower Hamlets
Council



Wharfinger The long view



1967 Friends playing out in Rotherhithe Street

1997 Prince Charles on a dragon boat on a visit to the Shadwell Basin project.

THIS WEEK IN... 1953

Queen Elizabeth II is crowned in a coronation ceremony in Westminster Abbey, London.



She was watched by more than 8,000 guests at the Abbey as well as millions more on television. She was handed the four symbols of authority – the orb, sceptre, the rod of mercy and the royal ring. "I shall strive to be worthy of your trust," she said in a broadcast.



High Five Superman-themed accessories

We are about to have the new Superman movie, Man Of Steel, set upon us and that means a merchandise frenzy



Personalised Poster, £19.99 Add your personal letter



Lego Superman sets from £11.99 Recreate the key scenes



Superhero Caped Socks, £9.99 For superheating



Superman Dressing Gown, £44.99 For those down times



Mr Potato Head Superman, £18.30 Spud-based fun

Snapshot

Trends, stats & surveys



Top 10 unusual things left at London City airport

1. £50,000 cash
2. Bag of diamonds
3. Signed blank chequebook
4. Adult toys
5. Artificial skull
6. Glass eye
7. False teeth
8. Wigs
9. Watches worth £10,000
10. Adult magazines

Top 10 most common items left at London City Airport

1. Belts
2. Items of clothing
3. Mobile phones
4. iPads
5. Umbrellas
6. Cameras
7. Kindles
8. Car keys
9. Laptops
10. Shoes

1,897

Cases of violence on the Tube and DLR in 2012/13 up from last year's figure. However, rates of overall crime fell.



1,792

One in 10 secondary school children believe tomatoes grow under the ground. Some 29 per cent of primary school children think cheese comes from plants and 18 per cent believe fish fingers are made of chicken.



Sources: London City Airport; British Transport Police; Admiral insurance; British Nutrition Foundation

Help solve the oldest mystery on our books

PEOPLE

Beth.Allcock
@wharf.co.uk

INFORMATION from the community could prove key in helping the Metropolitan Police solve the lengthiest missing person's case on its books.

West Ham resident Mary Flanagan, who worked part-time at Tate and Lyle and a Stratford opticians, left her home in Wallace Road for a New Year's Eve party on December 31, 1959.

The 16-year-old never returned from the event and her disappearance remains unexplained.

Det Chief Insp Dave Rock at Newham Police has undertaken a complete review of the case and is appealing for fresh information, on what is the

month of Mary's 70th birthday.

"It is now over 50 years since Mary disappeared and her family have never given up hope of finding her," he said.

Mary Flanagan

"We know Mary may have had a boyfriend called Tom McGinty at the time of her disappearance – it is key that we trace this man as he may be able to shed light on the events around New Year in 1960.

"If Tom McGinty is still alive, I would appeal directly to him to make contact with me with any information he may have about Mary. I would also ask anyone who knew of Tom McGinty, or knows of his whereabouts now, to call our appeal number."

Mary was a "bright, friendly Irish girl" from a Catholic family. Her younger siblings Brenda, Eileen and Kevin are spearheading the search.

Anyone with information should call Newham Police Missing Persons Unit on 0208 217 5728 or charity Missing People on 116 000.



Cherelle-Rose Patterson is looking forward to the national finals

Beauty queen keen to crown successful year

A WHARF-based beauty queen is dusting off her tiara to represent the capital in a prestigious pageant coordinated by American businessman Donald Trump.

Cherelle-Rose Patterson, who works at Canada Place Mall store Charles Tyrwhitt, will strut her stuff on the catwalk on Saturday (June 8) in an attempt to secure the Miss Universe Great Britain crown.

Currently the only black female to have been awarded the Miss Universe London accolade, the 23-year-old said she then has her sights set on the international final of the event later this year.

"It would be life changing if I won the next stage and went to represent Britain abroad – it's been my life long dream to be on the big Miss Universe stage," she said.



Round-the-world sailor Robin Knox-Johnston, left, and Mayor of London Boris Johnson celebrate the naming of London as host city

Anchoring at dock

ST Katharine Dock will play host to some of the finest sailors – and vessels – later this year when London becomes host city of the Clipper Round The World Yacht Race.

The capital will host the start, on September 1, and finish in July 2014, with the Wapping docks set aside to host the 12-strong fleet and the 650 crew.

Clipper race founder Sir Robin Knox-Johnston visited the dock last week to reveal the choice of London

as the home of the prestigious 40,000 mile race.

He said: "This will be the first time the capital has hosted a global yacht race start and finish.

"I'm proud that this will showcase London to our fans and partners around the world as well as making a significant economic impact in the local economy as crew, officials, sponsors and guests visit and stay in the area to participate in the event."

Giles Broadbent

Have your say

THE FUTURE OF LONDON FIRE BRIGADE

London Fire and Emergency Planning Authority is consulting on its Draft Fifth London Safety Plan. You have until 17 June to give us your views.

The plan sets out how the fire and rescue service could be delivered over the next few years. Amongst other things, it includes plans to keep within our target attendance times for getting to incidents and details how savings worth £28.8m could be made. These proposals also involve the closure of 12 fire stations, the removal of 18 fire engines, the redeployment of four fire engines and a reduction in the number of firefighter posts of 520.

For full details of the plan proposals and our online consultation go to:
london-fire.gov.uk/LSP5

If you'd like us to send you a copy of our plan and consultation document, ring:
0800 9888 569

The consultation will close on 17 June 2013.



LONDON FIRE
AND EMERGENCY
PLANNING AUTHORITY



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**LONDON'S
EVENING
UNIVERSITY**

Where to go and what to see

HIGHLIGHTS

As the Motorexpo hits town, we pick out top attractions

Jon.Massey
@wharf.co.uk

This year's Motorexpo, from Monday, promises to be the biggest and best to hit the Canary Wharf estate.

But with the sheer number of brands on show it can be tricky to navigate so we've put together a guide to where some of the manufacturers are exhibiting their products this year.

Debuts at the 18th annual Motorexpo include the Jaguar F-Type (Canada Square Park) and Range Rover Sport and many marques will be offering members of the public the chance to test drive cars around east London.

The event will also host leading lights in the automobile industry at the SMMT International Automotive Summit, which will be held at Clifford Chance on June 13.

Go to motorexpo.com.



JEEP

■ Jeep's new 2014 Grand Cherokee will be available in dealerships from mid-July but Wharfers can get to grips with the car next week.

The company says it "completely redefines the premium SUV, delivering consumers an unprecedented combination of Jeep capability, advanced user-friendly technology, world-class craftsmanship and benchmark on-road refinement".

Powered by a three-litre V6 diesel, via an eight-speed gearbox, it's potent too. Go to jeep.co.uk.



REUTERS PLAZA

CHRYSLER

■ In celebration of being the official car partner of Warner Brothers' *Man Of Steel* movie this summer, Chrysler UK will be showing off its newly launched Collector's Edition models at Motorexpo.

Both its Ypsilon and Delta cars have received VIP makeovers including *Man Of Steel* badges, sat navs and floor mats as well as limited edition key fobs. The Ypsilon S-Series will also be on show, featuring 16" black alloy wheels, a matt black grille and a Bose 360 Premium Audio system. Go to chrysler.co.uk.



Christmas Showcase

Wednesday 12th June, 12-2pm

Sample our delicious Christmas menus & discuss your party requirements with our friendly team

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for all parties booked before the end of August
make an enquiry

R.S.V.P. 

Contact Emanuela on 02075 158361 or emanuela.henrysindiaquay@tcg-uk.com
Unit C, West India Quay, London, E14 4AX

HENRY'S
CAFE BAR



GB SPORTS CARS

■ Great British Sports Cars will be bringing its range of bespoke cars to the Motorexpo including the Zero, which has a power to weight ratio of 500bhp.

The firm says it's the best way to get a racing thrill. For more information, go to greatbritishsportscars.co.uk.

SKODA

■ The glories of the Skoda Superb's facelift can be viewed in Cabot Square.

Improved fuel economy (67.3mpg in GreenLine mode) and a range of fresh features including an integrated 30GB hard drive, park assist and an innovative function that allows rear passengers to electronically move the front seats to increase legroom for themselves, make this well-priced hatchback worth a look.

For more information and details of dealerships go to skoda.co.uk.



CABOT SQUARE

See more cars
The Road / Pages 12, 45

With one eye on the speedo and
the other on the open road



WIN the chance to drive a Porsche at the marque's Silverstone track for 90mins



The dedicated Porsche Tracks alongside Hangar Straight at the famous Silverstone circuit provide a unique and challenging driving environment that allows the performance and dynamics of the firm's cars to be fully explored.

And *The Wharf* has teamed up with Porsche UK to offer readers the chance to win a fantastic driving experience worth £275.

The lucky recipient will get the opportunity to create their own completely bespoke programme, including an unrivalled level of 90 minutes driving time.

The winner can choose to split the time between themselves and a friend or keep the full experience just for themselves.

Accompanied by a highly experienced Porsche driving consultant, the winner chooses which Porsche they wish to drive, which track areas they want to use and how much time they spend on each activity.

To be in with a chance of winning,

we're asking Wharfers to get creative. Motorexpo takes place at Canary Wharf from June 10-16, featuring the world's most exciting motor vehicles including Porsche's latest models and we want you to get snapping.

We're asking for your best photograph of any part of the event, be it your favourite car, a shot featuring Canary Wharf's iconic architecture or simply a moment you think sums up the event perfectly.

Images must be original, taken by the entrant and of this year's event but can feature any aspect of the show or Canary Wharf during Motorexpo week.

We'll publish the five best images in our June 20 edition and select one overall winner.

Due to restrictions on the prize, entrants must hold a valid, full driving licence and be between 25 and 80 years of age.

Go to porsche.co.uk/experience for more details about the experience.



Above and top, the Porsche Experience Centre at Silverstone. Right, the firm's tracks next to the Grand Prix circuit **Porsche 911 / Page 12**

HOW TO ENTER



★ Once you've taken your photo, send it attached via email with your name, address and contact details to competitions@wharf.co.uk.

Entries must have, **Porsche Competition** in the subject line of the email. Entrants, who must be aged 25-80 are limited to one photograph per person.

Technical specifications
Images should be submitted in JPEG format and should be between 1Mb-5Mb, suitable for publication at 200dpi.

Closing date: Sunday, June 16

the **Wharf**



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PORSCHE

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- Canary Wharf Showroom**

20 Canada Square
Canary Wharf
London E14 5NN
info@porsche-canarywharf.co.uk

the Road

Motorexpo Special

PORSCHE



■ For five decades, the 911 has been the heart of the Porsche brand. Few other cars in the world can look back on such a long tradition.

It has been inspiring motoring enthusiasts the world over since its debut as the 901 in 1963. Today it is considered the quintessential sports car, a benchmark in the industry.

The 911 is also the central point of reference for all other Porsche series. From the Cayenne to the Panamera, every Porsche aims to be the most sporting car in its category, and each carries a piece of the 911 philosophy.

In addition to its classic lines, the 911 has always been distinguished by its advanced technology.

Many of the ideas and technologies that made their debut in the 911 were conceived on the race track. Wharfers can get up close and personal with the latest version of the 911 in One Canada Square and decide for themselves whether it surpasses the hype. [Go to porsche.com/uk](http://go.to.porsche.com/uk).



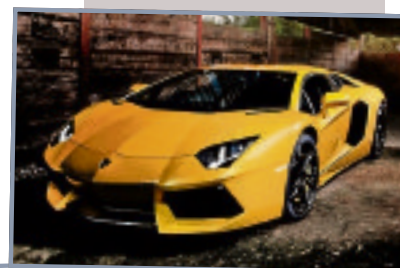
GVE LONDON LTD

■ GVE are specialists in luxury cars and will be taking over a section of One Canada Square with the aim of doing a few deals.

For more than four years, GVE has excelled in providing luxury cars to the Far East and is now seeking a foothold in the UK market.

Offering new and pre-owned luxury cars at competitive prices, the firm's London team has experience working with franchised dealerships and delivers "fast but friendly service".

[Go to gvelondon.com](http://Go.to.gvelondon.com).



ASTON MARTIN



■ Lancaster Aston Martin Sevenoaks and HWM Aston Martin are proud to present the stunning new **Vanquish** at the 2013 London Motorexpo, in the year of the brand's centenary.

Sitting at the pinnacle of the luxury British firm's sports car line-up, this breathtaking new super grand tourer represents the zenith of Aston Martin design, according to the dealers.

Aston Martin says it "represents the latest in the firm's iconic visual language, with styling cues taken from its One-77 supercar".

For dealership information go to jardinemotors.co.uk/aston-martin or hwmastonmartin.co.uk.

LAND ROVER

■ Land Rover will show off its all-new **Range Rover Sport** at One Canada Square.

This modern interpretation of a classic completes the three-model Range Rover portfolio and offers transformational on-road dynamics together with class-leading all-terrain performance.

It features a superbly crafted, luxurious interior and is now available with a five plus two seating option. The new lightweight aluminium architecture provides exceptional ride comfort and performance. [Go to landrover.com](http://Go.to.landrover.com).



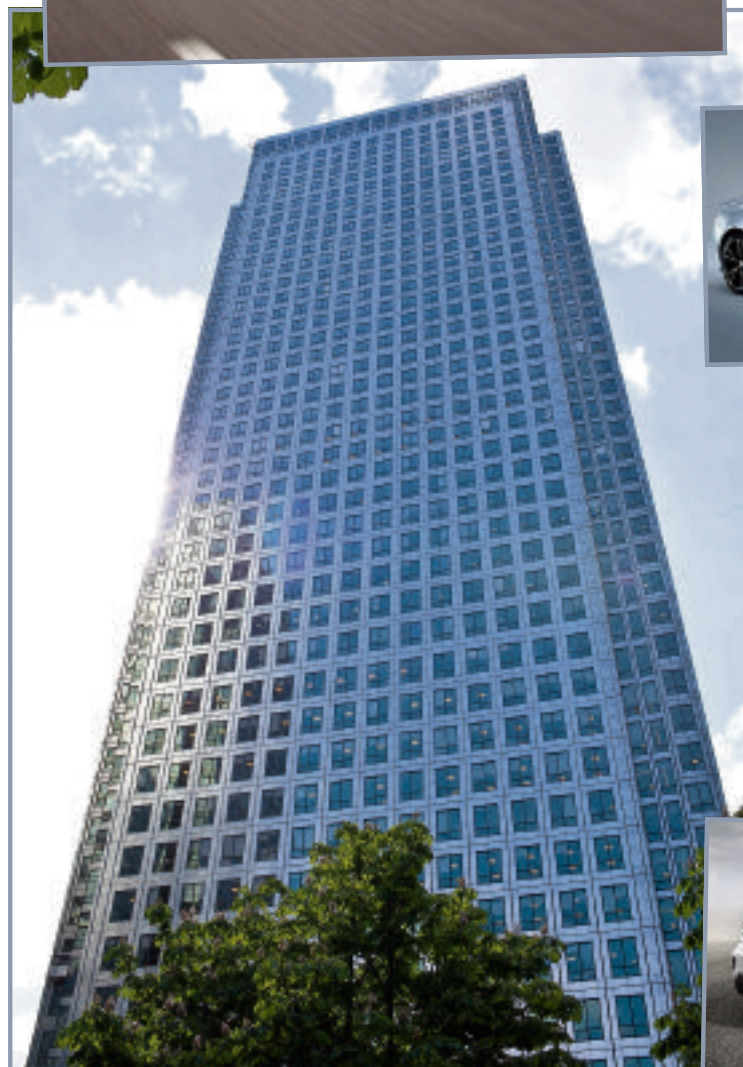
MCLAREN

■ This year promises to be an exciting one for McLaren. The marque celebrates its 50th anniversary in 2013 and is set to launch the P1.

But before that, the second vehicle in its growing range of high performance sports cars has arrived in the form of the **12C Spider**.

This lightweight, mid-engine drop top sports car combines the performance of the 12C with the increased exhilaration of roof down motoring.

Bound to be one of the stars of the show, this deep-throated beast of a drive should keep Wharfers happy until the P1 hits the market. [Go to mclarenautomotive.com](http://Go.to.mclarenautomotive.com).



ONE CANADA SQUARE

With one eye on the speedo and
the other on the open road



■ In 2008, BMW began work on a radical new way of thinking about the future of driving.

The German firm set up BMW i, which created a new manufacturing plant and put into place new processes to consider and re-think every aspect of automotive design, looking at new materials, propulsion options and a wide range of other innovations.

Out of this research, the **BMW i3 Concept Coupé** was born and Wharfers can see it realised in Canada Square Park.

Designed and purpose-built around electric power, the i3 is built from carbon fibre reinforced plastic, which is as strong as steel but 50 percent lighter, delivering a much greener machine.

Go to bmw.co.uk.

**TEST DRIVE SPECIAL**

★ Wharfers can take test drives in a range of vehicles at Motorexpo from stands run by Jaguar, Mini, Infiniti, Volvo, Mercedes, Seat, Skoda, Great British Sports Cars, Kia, Porsche and GVE. To arrange a test drive, approach the staff manning the stand and submit your details. Routes will typically involve Canary Wharf and the Isle of Dogs.

**VOLVO**

■ Volvos might have the reputation of being a little dull and safe, but the brand says that's not the case with its **V40 R-Design** at all.

It's "loaded with design delight, detailing, cutting edge technology and delivers a dynamic driving experience", apparently. They've even gone so far as to describe it as a must-see at the Motorexpo. Big words with the other vehicles on show. *Go to volvocars.com.*

Go to volvocars.com.



LEXUS

■ Lexus describes its **IS F SPORT** as “elegant and stylish” and promises it will redefine luxury.

Drivers can select Electric Vehicle mode to travel in whisper quiet tranquility, however a powerful V6 petrol option will also be available when the car launches in July.

Inside, the cockpit features a host of luxury equipment that includes HDD navigation and heated leather seats on selected grades. And with 50 per cent more leg space rear passengers should find it boasts class-leading comfort.

Go to lexus.co.uk.

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The mpg figures quoted are sourced from official EU-regulated test results obtained through laboratory testing, are provided for comparability purposes and may not reflect your actual driving experience.

[illegible]

What's on

Diary Dates

Exhibition Capturing the majesty of stars



★ **Visions Of The Universe**, the latest special exhibition at the National Maritime Museum shows how we have captured images of the heavens over the centuries, from the earliest drawings to photographs taken by the Hubble Space Telescope and the Mars Curiosity rover.

See an array of images of stars, planets and galaxies gathered from Nasa, some of the greatest telescopes in the world, and some of the best entries from the Astronomy Photographer of the Year competition.

From June 7, £8 (concs), rmg.co.uk.

Comedy Izzard conquers world of comedy

★ Always intent on challenging himself physically and comedically, Eddie Izzard brings his new set to The O2.

Force Majeure will be the most extensive comedy tour ever. It began its journey around the globe in Austria in March.

Eddie will visit 25 countries throughout Europe, USA, Africa, Russia, Australia, New Zealand, India, Nepal and the Far East. June 8-9, £40, theo2.co.uk.

Music Paying tribute to New York's finest

★ Put yourself in a New York state of mind with **Billy Joel Unsung** at Waterloo East. Among those interpreting the singer's works are

Brian McCann (*We Will Rock You*) and his guests Adam Linstead, Yildiz Hussein, Nadim Naaman,

Michelle Antrobus (ITV's *Grease is the Word*) Lee Mead, pictured, winner of *Any Dream Will Do*. June 9, £12.50, waterlooeast.co.uk.

Grace Chapman, below, appears in *That Is All You Need To Know*



STAGE

BREAKING the CODE

Kay Lockett talks Bletchley Park and playtime

Multimedia projections, movement, personal testimony and clowning come together in an imaginative ensemble on stage at Greenwich Theatre, to convey a true story of an intriguing slice of history.

In a piece of physical and visual theatre, experimental theatre group Idle Motion will teleport the audience back to the '40s and the secretive tales of the cold huts of Station X at Bletchley Park, where thousands of men and women worked as code breakers during the Second World War.

That Is All You Need To Know aims to tell us about humanity's ability to solve the impossible, to crack the most complex of problems, and of the extraordinary people whose quiet work changed the course of our history, by integrating other mediums other than just using words and scripts.

Producer and performer Grace Chapman, 25, said: "This is not a naturalistic style of theatre or a traditional production. We are taking the subject matter and telling the story in a different way."

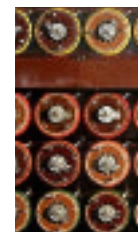
"The play was created through a process of collaboration. We look at a story and decide what elements we want to tell and ask why it will be interesting to watch."

"Scenes are improvised and very experimental and then we piece it together."

"The theatre world has been using multimedia technology for a while – but it is a first for us – numbers and codes will pop up and be projected onto parts of the set for example. It adds an extra element and it gives it a certain surreality."

Idle Motion spend two thirds of the year on tour and the rest is spent producing, writing and rehearsing.

With the support of Arts Council



The Government Code And Cypher School had a number of names to disguise its operations including

Bletchley Park or BP

HMS Pembroke V

Station X

London Signals Intelligence Centre

Government Communications Headquarters

England its members are able to perform as their full-time jobs. Over the past five years the group has devised works through play, workshops and improvisation.

Ms Chapman describes their work as "filmatic" and said: "My role is a female code breaker called Lottie, an intelligent woman who works tirelessly listening to the Germans."

"She then struggles to keep it all a secret and go back to her normal life after the war."

"The women that worked at Bletchley Park achieved so much but

then were not allowed to tell anyone about it.

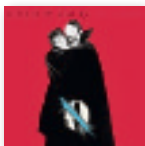
"It's a story of the people who helped save our country. Audiences can learn about a part of our history that was kept secret for far too long, in a visually stunning and entertaining way."

"There is authenticity to this tale, as well as being funny, insightful and told differently to how most would have seen at the theatre before."

That Is All You Need To Know, Greenwich Theatre, June 7-8. Go to greenwichtheatre.org.uk.

What's On

MUSIC



... Like Clockwork
Queens Of The Stone Age
★★★★☆

When it comes to fuzzed-up alt rock and sleazy psychedelia, king of QOTSA Josh Homme has no equal. The much-publicised celeb appearances, which include Sir Elton John, don't overpower proceedings.

In fact, these songs on the group's sixth album are so focused that if it wasn't for all the attention, you wouldn't even know they were there. It's an enjoyably seductive ride from start to finish.

Steven Cookson

DVD



Flight
(15) 108mins
★★★★☆

Captain William "Whip" Whitaker (Denzel Washington) takes charge of a SouthJet flight to Atlanta and when disaster strikes, he saves the day.

But a subsequent investigation threatens to expose Whip's chronic alcoholism.

Friends and colleagues rally to his defence but Whip seems incapable of anything but self-destruction in this provocative drama that refuses to cast judgement.

Damon Smith

BOOK



Iron, Steam And Money
Roger Osborne
★★★★☆

A coincidence of key factors – a rapid widening of skills, an unregulated cotton industry ripe for growth, a massive expansion in coal output replacing charcoal and timber as a source of heat – turned Britain from an economy based on natural resources into one driven essentially by coal.

Roger Osborne stretches the history to the early 1700s and places the great Victorians in context in this comprehensive and scholarly survey.

Jeremy Gates

Soderbergh delves for truth behind the bling

SCREEN

Behind The Candelabra

(15) 118mins

I visited the Liberace Museum in Las Vegas in the '90s, years after he had died of Aids in 1987. Amid the trinkets, sequins and pianos, statues and bling, two very nice ladies – volunteers or curators, I guessed – were at pains to point out how *not* gay Liberace was.

They had him pegged as an asexual mummy's boy who had never found the right woman, an image the pianist himself was at pains to project.

This film – brash, naughty, endearing – is the shameless antidote to the years of lies and cover-ups. Not only was Liberace gay but he was heavily sexualised, resorting to porn, peep shows and impromptu pleasure seeking.

The film is brimful of waspish one-liners, bitching and innuendo. But director Steven Soderbergh has done a remarkable job, digging through layers of fabulous fabrication to find two authentic human beings.

Liberace (Michael Douglas) met dull animal wrangler Scott Thorson (Matt Damon) back stage in 1977, eyeing him lasciviously through the apertures left by his plastic surgeon. There is wicked fun to be had as the grotesque lures the country boy to his whirlpool baths and turns him with opulence and charm till he's dizzy.

He wants to bed him, father him, re-build him in his own image and he does all three assisted by a coterie of hangers-on and some crude re-modelling of the boy's face to make this Ken fit for Liberace's Barbie dreamhouse.

SCREEN

Made Of Stone

(15) 97mins



In 2012 a resurrection no one thought possible took place when legendary band The Stone Roses reformed after 16 years.

With unprecedented access to previously unseen archive footage, acclaimed film-maker Shane Meadows creates a revealing journey through the life of one of the most revered and influential bands as they rehearsed for their much-anticipated reunion, which culminated in three triumphant homecoming gigs at Manchester's Heaton Park.

★★★★☆



Michael Douglas as Liberace and Matt Damon as Scott Thorson

Years pass and awe becomes familiarity. Scott turns to drugs. Liberace's test-drives newer models. Jealousy runs rampant.

What is special about Soderbergh's masterly mix of comedy and heart-break is the reminder that, for all his fey ways, Liberace was a man of immense talent and kindness.

Easy to depict him as a cartoon or a buffoon. Easy to trace the decline of his relationship with Scott as the end of another vanity project. Easy to prod at the hypocrisy of their faux-lives and dismiss them as Hollywood fakes.

But their relationship was real, meaningful and, madly, considering the pomp and pretension of his lifestyle, recognisably down-to-earth.

From his hairless trysts in the tub to his dying days with Aids, Michael Douglas gives a rousing, heart-

warming portrayal of the candelabra king of kitsch while muscular Matt Damon is deliciously befuddled and confused by his hedonist's cocktail.

A tranche of recognisable faces become '70s Mr Potato Heads – big moustaches, big glass, big hair. Rob Lowe's hyper-tanned, fixed grin plastic surgeon is a hoot.

The film ends, not on a low note, with Liberace flair which is a fitting tribute to Mr Showmanship.

"I love to give people a good time," he says. Soderbergh understands the sentiment thoroughly.

Giles Broadbent

Our verdict

Soderbergh digs below the bling to find two authentic human beings

★★★★☆

SCREEN

After Earth

(12A) 100mins



In a significant flop that has been universally panned, Will Smith has some of his box office lustre tarnished.

In what is essentially an expensive vanity project he tries, and fails, to elevate his son to leading man status in this big budget sci-fi adventure that represents another failure by director M Night Shyamalan.

Father and son are stranded on a planet that has returned to nature and hell-bent in ensuring they never leave.

★☆☆☆☆

SCREEN

The Iceman

(15) 105mins



A thug rises through the ranks of the criminal fraternity in Ariel Vromen's thriller based on the true exploits of mob contract killer Richard Kuklinski.

Michael Shannon assumes the lead role of Kuklinski, who is imprisoned in 1986 for murder.

Richard shows an aptitude for violence and becomes a cog in the underworld machine. Meanwhile, Richard romances and weds Deborah Pellicotti (Winona Ryder), who is clueless about her husband's illegal activities.

★★★★☆

Mamet puts questions of prejudice in the dock

STAGE

Race

Hampstead Theatre

The Manhattan law firm of Lawson and Brown has a new employee. She's black, talented, pretty, young and (obviously) a woman.

Which of those adjectives are acceptable, if any? And what of Lawson and Brown themselves. Is it obvious which one is black and, if so, does it matter?

It does to wealthy (and, sadly, 2D) Charles Strickland (Charles Daish) because he's dumped his (Jewish) lawyer and opted for this feisty practice because he's a white guy accused of raping a black woman and he needs all the help he can get. Is that OK? Can he ever be found guilty in a country driven to extremes by guilt and shame?

These are the spiky questions that David Mamet poses in his combative dissection of race and prejudice.

"As a Jew I will relate there is



Clarke Peters and Jasper Britton as lawyers Brown and Lawson

nothing a non-Jew can say to a Jew on the subject of Jewishness that is not patronising, upsetting or simply wrong. I assume the same holds true among African-Americans," he says.

And so Jack Lawson (Jasper Britton) and Henry Brown (Clarke Peters) wrestle with the pros and cons of winning and losing with their high-profile client.

This is set about with the muscular to and fro that makes Mamet such a compelling master craftsman. Lawson is rich in rhetoric and loquacious guile, Brown is more forensic – and bruised – and the two charismatic actors relish the urgency and importance of their discourse.

But, shocks aside (and a-plenty), little new is uncovered and prejudices barely budge amid the brutal sparring. Even enigmatic ingenue Susan (Nina Toussaint-White) is ultimately as jaded, tricky and weary as the old guard.

Exciting, compelling and provocative, yes. Progressive and enlightening, sadly no.

Giles Broadbent

Until June 29, hampsteadtheatre.com.

Our verdict

Mamet commands the stage for a world-weary lecture on race

★★★★☆

Health

KTM Strada 800 Speed



WIN a KTM Strada 800 Speed bike

★ To celebrate the Tour Series' visit to Canary Wharf, *The Wharf* has teamed up with Leftfield Bikes to offer readers the chance to win a racing bike worth £750.

The outstanding KTM Strada 800 Speed is fast and light, weighing in at well under 10kg. The dropbar option offers an aerodynamic riding position, which is a joy

for sprinting everywhere. Its specifications are generous so it can keep up the pace in any environment. New for 2013 is a darker, more mysterious colour scheme.

Leftfield is running a prize draw so all readers need to do to enter is to go to leftfieldbikes.com/win and follow the instructions. Your details will not be sold to

third parties but may be used by Leftfield Bikes for marketing purposes.

The bicycle will be delivered to the winner's address if they reside in central London. If the winner lives further afield, they will need to collect it from Canary Wharf.

Tour Series / Page 56

Why more and more people will go electric

CYCLING

Niche supplier talks power of the volt with **Kay Lockett**

Does riding an electric bicycle mean you're cheating? Not when you think of them as a mode of transport, according to Guy Wheeler of Leftfield Bikes.

Although the firm, founded by the former Morgan Stanley employee in 2005, markets an impressive array of niche bicycles including those propelled purely by pedal power and hybrids, its core business concerns amps and volts.

The bike-mad product designer and engineer said: "Electric bicycles are a great alternative to the Tube and also mean you can cycle to work without sweating through your suit."

"You can enjoy the sensation of riding through the park in the fresh air, crossing considerable distance with minimal effort."

"As Boris' new transport infra-

What's important when buying?

"It's not about spending a load of money on the most expensive bike, it's more about finding one that fits your needs and lifestyle."

structure takes shape in London more people will use electric bikes as young people won't bother to get a driving licence and fewer commuters will have the need to drive."

Guy, 38, who works with a team of seven at his One Canada Square-based company, said: "Cycling is a very personal thing, you can go at your own pace – our mantra is 'happy cyclists'."

"It's not about spending a load of money on the most expensive bike, it's more about finding one that fits your needs and lifestyle."

He said his firm revelled in supplying its customers with a perfect fit, whether that was a Vanmoof 3.1 pedal bike with high upright handles and a built-in dynamo powering an

LED light system or a Stealth Bomber electric off-road mountain bike that could hit 50mph.

And for those who want a combination of health benefits and ease of travel there's a third way. Pedelec bikes feature both pedals and electric components that are charged as you ride.

The motor can be used when an extra boost is needed but you have to put some effort in to reap the rewards. They also don't require a licence or number plates, which some of the more powerful bikes do.

Guy said his firm delivered all bikes in person to each customer's home or office and tuned them to match individual riding styles and comfort free of charge. In addition to its long list of existing stock, Leftfield will also design and build entirely bespoke dream machines.

Guy said electric bikes provided accessibility for all people to get cycling, whether that was parents who want to keep up with their kids or Wharfers wanting to beat the buses on their commute.

Go to leftfieldbikes.com.

A cycling read / Page 55



Leftfield Bikes' Guy Wheeler with a striking Vanmoof 3.1, a non-electric product available through his firm

TOP tips

GETTY



■ **Make no mistakes:** Resting too long between sets, not upping your intensity and only using machines may mean you're not getting as much out of your workout as you should. Be tough on yourself – become your own personal trainer.



Get the look: Alicia Keys

The 32-year-old singer is an early bird when it comes to her exercise regime.

How she does it: Keys' alarm goes off at 5.30am.

She said: "I'm laying in bed for a good 15-20 minutes and I'm just trying to convince myself I can actually do it."

Her routine consists of aerobic exercise. Throughout the day Alicia will drop to the floor for 50 crunches or push-ups.

Do it for yourself: Early exercise starts are one thing; dropping to the floor in front of your colleagues to squeeze out 50 push ups might end up being more David Brent than American superstar.

However, that's not to say you can't do your bit at your desk. These

two moves work most muscle groups and you can stay seated:

■ Try the seated reverse crunch by edging your body toward the edge of your chair and place hands on armrests.

Keeping knees together, lift legs off the ground and bring them as close to your chest as you can. Hold for a count of three and lower down to a count of five, making sure back's straight. Do five at a time.

■ The seated Magic Carpet Ride is a killer exercise you can impress your colleagues with. Sit in your chair with legs crossed, resting on edge of seat. Place hands on armrests, keep abs tight and raise yourself a few inches above your seat, using your abs, arms and hands. Hold for five-10 seconds. Repeat five times.



GETTY

Q&A

I really want a flat tum but crunches don't seem to be working. What can I do?

Try working on your main core muscle, your transversus abdominis, through moves on the Swiss ball, planks and well executed push ups.

This muscle has a girdle-type effect once it's fired up and working correctly. Adding gravity to exercises can also work those deep abdominals well – if your gym has a TRX suspension trainer, get one of the instructors to show you the ropes and finally, make sure you do plenty of sweat-inducing cardio exercise such as running, cycling and swimming.

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Food

FOOD FOR A FIVER

By Beth Allcock



Cupcake selection
Sweet Couture, £2.50 per cake

Need something to take you from zero to hero in the office? No-one can refuse a picture-perfect cupcake and that's where Canada Square-based Sweet Couture comes in.

A sample box arrived in our office unannounced, so we proceeded to spread them to colleagues around us.

Slowly, as though we'd detonated a sugar-filled bomb with ground zero *The Wharf's* editorial desk, smiles spread as tongues were wrapped around the superb cakes.

I opted for a full-sized bubblegum-blue, iced wheat free treat, a perfectly moist vanilla sponge.

The buttercream was thick, creamy and a perfect match to the light fluffy cake and, although it was a hearty dessert, I was left craving another.

Sadly, even though the temptation was strong, I couldn't quite fox my brain into believing the offering with the strawberry would count as one of my five-a-day.

Our verdict

Who said money can't buy you popularity?

★★★★★

Sip tipples in London sherry bars

■ **Barrica** (barrica.co.uk) in Goodge Street offers 20 fine and rare sherries by glass or carafe alongside dishes often made with sherry too. Also worth seeking out is smaller, but perfectly-formed sister bar, Copita (copita.co.uk) in D'Arblay Street.

■ **Pepito** (camino.uk.com/pepito) at Varnisher's Yard by King's Cross is a cosy retreat, complete with authentic Andalucian tiles and exotic dishes such as ox tartare smoked before your eyes under glass cloche. It's owned by Richard Bigg, the man behind Camino.

■ **Iberica** (ibericalondon.co.uk) at Canary Wharf is overseen by shepherd turned multi Michelin-starred chef, Nacho Manzano. Look out for Cabrales and gazpacho of red berries, beetroot and anchovy to pair with some interesting sherries.

■ **Ametza with Arzak** (ametsa.co.uk) at the Halkin Hotel in Halkin Street is a new arrival, effectively marrying ultra fine-dining with the option of ultra-fine sherry. Try the pichón con perdigones with a copita of rich Apostoles 30-year-old sherry.

Back to the source of this titanic taste

SHERRY

In pursuit of sublime sherry, **Douglas Blyde** travels to Jerez and is inspired by its vibrant flavours

If it swims, drink Fino, if it flies, drink Amontillado, and if it walks, drink Oloroso," advises sage sherry aficionado Jeremy Rockett.

We shelter from rays in the cool, aromatic heart of the Andalucian bodega, Gonzalez Byass.

The open temple-like building by Gustave Eiffel is the most distinctive structure in the vast working cellar-cum-sherry theme park.

Jerez, in Cádiz, midway between the sea and the mountains, is famous for horse-breeding, an annual motorcycle Grand Prix, bullfights (a poster depicts Cyclone Of Jerez, matador, Juan José Padilla, who lost an eye and an ear in fight but did not retire) and 30 bodegas devoted to sherry and brandy.

Indeed, the current Castilian title came by way of the Arabs who called it "Sherish". Some of the city's cobbled streets have been adopted into this bodega, now shaded by a canopy of Palomino vines.

Deeper within the bodega are barrels at slumber. Their blackened ends have been annotated by aficionados including Orson Welles, who famously advertised another sherry brand, Margaret Thatcher, who wrote it was "the finest sherry in the world"



and words from writer and filmmaker, Jean Cocteau.

Founded by a former bank teller in 1835, Gonzalez Byass was the first exporter of sherry wine.

Maintaining the many styles in production today is winemaker Antonio Flores, who proudly claims to have "never spat out sherry". Flores also reveals he was conceived and born in the flat above the original barrel store.

The city must be one of Europe's sweetest-smelling. Enticing wafts of orange blossom, fat cigars and even fried churros seem to emanate from every corner.

The market provides the most spectacular olfactory assault, however. Here, an old peasant lady smilingly sentries the entrance, retrieving live shrimps that momentarily escape her small stall, while hake offer coral-red gills exposed to demonstrate freshness.

I visit during the annual week-long May Feria to which Gonzalez Byass has supplied no fewer than 60,000 bottles of Tio Pepe.

Hundreds of bars attended by all ages of women in Technicolor flamenco garb and their men with



DRINK WITH PAULO BRAMMER

Weird and wonderful: Wines from unusual places

1

■ Saperavi, Orovella, Kakheti, Georgia 2006.
■ £15.99 at Waitrose in Canada Square.

■ Georgia's produced wine for thousands of years and is known as "the cradle of wines". This wine is made from a native grape called Saperavi and has a very vibrant, black fruit intensity and a complex and layered finish with notes of spice and toast.



Paulo's verdict

Vibrant and complex

★★★★☆

2

■ Sauvignon Blanc, Sula, Nashik, India 2011.
■ £8.99 at Waitrose in Canada Square.

■ Made in the largest wine region in India (Nashik), this wine has a good Sauvignon-typical character with notes of grass, green pepper and gooseberries. Incredibly fresh and very approachable but not suitable to pair with curries.



Paulo's verdict

Indian summer

★★★☆☆

3

■ Chateau Musar White, Bekaa Valley, Lebanon 2004.

■ £17.99 at Majestic
■ The legendary Serge Hochar is famous for his red wines but this white made with local grapes Merwah and Obaideh (related to Chardonnay) offers a toasty and honey nose with complex baked apple and buttery palate. It's certainly different.



Paulo's verdict

Not for everyone

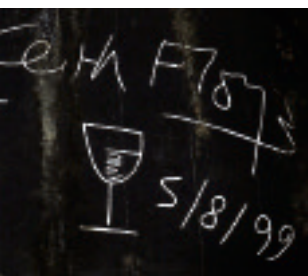
★★☆☆☆

60k

Bottles of Tio Pepe supplied for May Feria



Clockwise from right, a Tio Pepe employee in Jerez. A traditional cart offers rides to tourists. Aged bottles at Gonzalez Byass. Spanish girls attend May Fiera. Keith Floyd's chalk message



PICTURES DOUGLAS BLYDE

SHERRY SWEEP

★ **Apostoles 30-Year-Old Palo Cortado** (24.95/37.5cl, Berry Brothers & Rudd) was originally crafted to impress Spain's Queen Isabel II in 1862. A lush, full, medium-sweet taste of history.

★ With less than half a gram of sugar per litre, **Tio Pepe**, pictured, (from £8.49/75cl, Sainsbury's Asda, Tesco, Waitrose) is for me the benchmark, blatter-dry Fino, and works with almost any food, bar pudding.

★ The sweetest of the three recommendations, **Solera 1847** (£11.15/75cl, thewhiskyexchange.com) is concentrated, with raisin and fig notes, and therefore a good collaborator with similarly sticky and hedonistically-inclined desserts.



KAY LOCKETT

Gauchito is hosting a petanque contest to win a trip on a yacht at its Pink Rooftop Beach Bar until June 18

New bar in the pink

★ If you fancy drinks on the Wharf with a sweet summer twist, head down to Gauchito's Pink Rooftop Beach Bar. The Westferry Circus venue – decked out in pink and white in contrast to the eatery's monochrome style – has linked up with Veuve Clicquot for its rooftop vantage point boasting spectacular views of the Thames.

Guests can choose to embrace the summer sun with music from Sundowner DJ's and live performances on the champagne brand's Pink Piano, while enjoying a glass of Gauchito's Pink Puppy charity cocktail – with £2 donated to Breast Cancer Research for each glass sold.

Alberto Vicente, managing partner at Gauchito Canary Wharf, said: "We wanted to do something fun, funky and cool. Gauchito's always been black, white and serious, so we wanted to have a sense of humour and create something in candy floss and ice cream."

Beth Allcock

FARMERS' MARKET

Buy artisanal food direct from source

★ Every Saturday from June 8, Wood Wharf will play host to a farmers' market.

Producers from Tower Hamlets and its surrounding boroughs, alongside a few farmers from further afield, will sell their wares between 10am and 4pm.

A wide range of fruit, vegetables, seafood, meat and cheese is expected, with the mix of stalls varying each week in a bid to keep the offering as attractive as possible. Go to canarywharf.com.



ITSU

Get a late deal of 50% off cold meals

★ Working late on the Wharf this week? Why not pick up a discount dinner from salad, sushi and noodle chain Itsu, scattered around Cabot Place, Canada Place and Jubilee Place malls.

A 50 per cent reduction will be available on all its remaining cold food items half an hour prior to closing – 8.30pm at its Canada Place and Jubilee Place outlets and 9pm at Cabot Place.

Go to itsu.com for more information about the offer.

slick, slight mullets, bear convincing frontages made of plywood.

Marquees with live music extend beyond. Revellers are perpetually refreshed with jugs of "Tiojito" (Tio Pepe, mint and Sprite) and slithers of salt-cured acorn-fed ham and day segues into night and eventually, for those with the stamina, day again.

Although Jerez has been described as the most financially impoverished city in the country, the millions of bulbs that blink on cause me to draw comparison with Oxford Street.

Guided tours of Gonzalez Byass are 10 euros including tastings and winery train.

FACTFILE

Tastes in Jerez

■ **La Carboná** (lacarbona.com) is an airy, welcoming former bodega featuring an unsurprisingly strong sherry selection.

■ **Churrerías** are the booths at Plaza Jerez offering freshly piped, hot, salty-sweet churros by the kilo.

■ **Club de Pesca Deportiva "El Atún"** (+34 956 43 23 19) is a rugged fisherman's cafe an hour's drive away – but worth it.

Stay near sherry

■ **Hipotel Sherry Park** (hotelsherrypark.com) is a modern, marble-lined haven with indoor and outdoor swimming pools.

Go for a drink

■ **Fly EasyJet** (easyjet.com) Gatwick-Gibraltar or RyanAir (ryanair.com), Stansted-Jerez La Parra.



A slice of Argentine life

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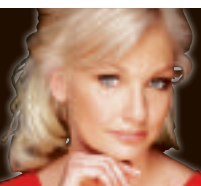
Take 5

Keep your brain ticking over with our selection of coffee break puzzles



Stars

With Claire Petulengro



AQUARIUS

JAN 21-FEB 19

For more call 0905 817 2070

The stars cast you in the role of teacher. People listen when you speak, so remember that you'll have to stand by claims or promises you make.

PISCES

FEB 20-MAR 20

For more call 0905 817 2071

Those around you are making major changes in their lives. Does that mean you automatically have to follow suit? No. Don't be afraid to live life for you.

ARIES

MAR 21-APR 21

For more call 0905 817 2060

Doing more than your duty earns you friends in high places. It also helps you prove to yourself that you are a hard worker and worthy of promotion.

TAURUS

APR 22-MAY 21

For more call 0905 817 2061

Your home life is given an organisational boost by Saturn and you start to find better ways of managing your life. Don't spread news you overhear.

GEMINI

MAY 22-JUNE 21

For more call 0905 817 2062

Serious talks may lead to nervous feelings but can actually help you to work out where you want to go. You think close ones are talking total rubbish.

CANCER

JUNE 22-JULY 23

For more call 0905 817 2063

A better atmosphere makes it easy for you to find common ground with those you've previously fallen out with. It's going to be hard for everyone.

LEO

JULY 23-AUG 23

For more call 0905 817 2064

Children help you see events through innocent eyes and you no longer hold a grudge against things that were impossible for certain close ones.

VIRGO

AUG 23-SEPT 23

For more call 0905 817 2065

Although others want to help you achieve your dreams, they can't help feeling shut out by your recent actions. Put pride to one side for their sake.

LIBRA

SEPT 24-OCT 23

For more call 0905 817 2066

Don't feel disheartened as better things await and sooner than you think. You've suffered a setback but by the time this week is over you'll be back on top.

SCORPIO

OCT 24-NOV 21

For more call 0905 817 2067

You know, passion can make us do the strangest of things and this month it sees you doing something blatantly out of character in the name of your career.

SAGITTARIUS

NOV 22-DEC 22

For more call 0905 817 2068

So called friends have let you down and although I see you're angry with them, I can also see they've done you a favour and made you more accessible.

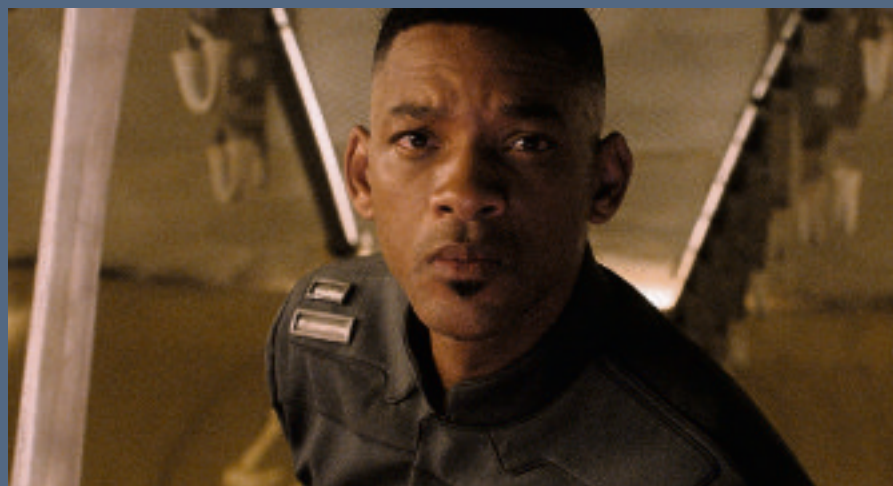
CAPRICORN

DEC 23-JAN 20

For more call 0905 817 2069

Listen to your emotions today please Capricorn, for they will lead you well. Rumours may be true, but give those involved the benefit of the doubt.

Dinner and a Movie



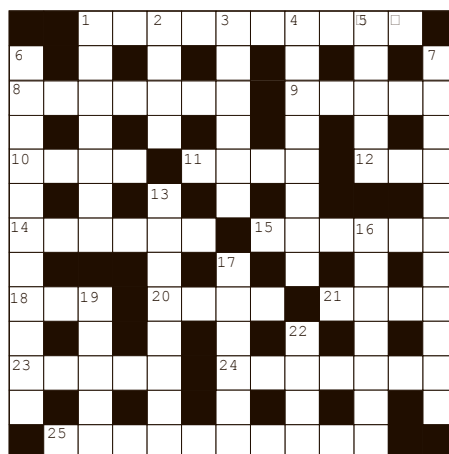
★ Fancy winning dinner and a movie for you and a friend? We've teamed up with West India Quay's Via and Cineworld West India Quay to offer two pizzas, two bottles of Peroni (or a bottle of wine) and a pair of tickets to the cinema. To be in with a chance of winning, just tell us the name

of this acclaimed actor who stars with his son in sci-fi flick *After Earth*. Email your answer to newsdesk@wharf.co.uk with "Movie Night" in the subject line. The closing date for entries is June 14, 2013.

Include your name and postal address and the details and tickets will be posted to you.



Crossword



ACROSS

1. Completely clean (10)
8. Fish-eating birds (7)
9. Give expression to (5)
10. Hospital room (4)
11. Caution (4)
12. Equipment (3)
14. Decorating tool (6)
15. Signal fire (6)
18. Dowel (3)
20. Wheel-spindle (4)
21. Sail-support (4)
23. Little (5)
24. Restore consciousness (5,2)
25. Think about again (10)

DOWN

1. Endanger (7)
2. Humble (4)
3. Offhand (6)
4. Aromatic evergreen shrub (8)
5. Dense (5)
6. Rugby term (7,4)
7. Journey's end (11)
13. Harem (8)
16. Embarrassing mistake, informally (7)
17. Spheres (6)
19. Forest clearing (5)
22. Hard skin on bacon (4)

DOWN: 1. Imperil; 2. Meek; 3. Casual; 4. Lavender; 5. Thick; 6. Forward pass; 7. Destination; 8. Ospreys; 9. Voice; 10. Ward; 11. Warm; 12. Kit; 13. Roller; 14. Roller; 15. Beacon; 16. Crag; 17. Seraglio; 18. Peg; 19. Clanger; 20. Axle; 21. Mast; 22. Small; 23. Bring to; 24. Bring to; 25. Reconsider.

Sudoku

EASY

	1	5	3	7	6			8
		3	4		8		5	7
			2	5	9	1	3	
	5		7		1	8	4	3
			5	8	2	9	7	6
6	7	8		4	3			1
		6	1		7			2
3		1	8		4	7	6	5
		2		3	5	4	1	9

HARD

3			7		5	8		
		1		6		4		
								9
		2		9		6		4
4	8						3	
							2	
	5							8
	2	6	8	1				
			9					

GUIDE

In order to complete Sudoku, readers should fill in each of the grids so that every column, row and 3x3 box within the squares to the left contains the digits 1 to 9. No repetition of digits is allowed within any of the sequences. Why not time yourself and see whether you can beat your best with next week's puzzles?

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The Wharf's Sudoku puzzles are supplied by sudoku-puzzles.net
For more free brain teasers including Futoshiki, Nonogram and Samurai, go to the website

Travel

Cultural jewel sparkles amid furious bustle

AMSTERDAM

Decade of work has made the Rijksmuseum a must, writes Sarah Marshall

Bicycles jingle and clatter across red-brick bridges – some carrying “wheelbarrows” filled with children, others with passengers riding side-saddle on the back.

While locals confidently tear through the streets at ferocious speed, a group of tourists riding convoy pedal nervously, hand signalling every turn.

Canals are equally busy with boats gently slicing through the sun-dappled water, while on land riverside bars have strewn blankets and cushions over concrete ledges to create surprisingly inviting daybeds.

Window boxes are bursting with sunset-orange flowers, the tulip season is in full swing, and spring has arrived in Amsterdam.

This lively snapshot of a city in motion could very easily have been a subject for Dutch Master Rembrandt, whose works of art still capture the heart and soul of the Dutch capital.

At the beginning of April, national gallery the Rijksmuseum, home to the world's largest collection of Rembrandt paintings, reopened to the public after an epic 10-year renovation, which perhaps also explains why the streets are so busy.

Costing £300million, it's set to make Amsterdam one of this year's most exciting



The re-modelled entrance to Amsterdam's Rijksmuseum

city break propositions. From the outside, the building has been restored to its gleaming 1885 glory, but inside Spanish architects Cruz y Ortiz have diverted the path of a canal to create a light-filled auditorium – a palette-cleansing introduction to the shades of grey, dark and light that leap from the masterpieces housed within.

For the first time, the museum's 8,000-plus artefacts have been displayed in chronological order, including

religious panels from the Middle Ages right through to a newly-acquired Mondrian-inspired dress by designer Yves Saint Laurent.

But the real showpiece is Rembrandt's *Night Watch*, an intriguing work that hints at many untold stories and which depicted groundbreaking realism in its day.

The colossal 363cm by 437cm painting sits at the end of a long corridor lined with Vermeers and works from the 17th century Golden Age, and it's as if not only the entire collection but also the Rijksmuseum itself was built around this one focal point.

It's clear, that with this latest artistic offering Amsterdam has further cemented itself as a great proposition for a cultural getaway.

Go to iamsterdam.com.

FACTFILE

■ Hotel Andaz Amsterdam features giant porcelain bells hanging above the iPad-operated reception and an orbital light installation rising to a glass roof. Doubles from £276. Go to

amsterdam.prinsengracht.andaz.hyatt.com

■ British Airways operates a service from London City Airport 28 times per week from £146.61 return. Go to ba.com/Amsterdam.

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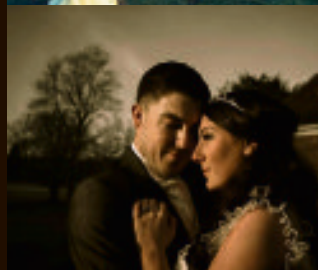
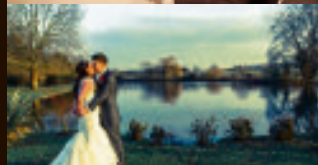
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A long journey to discover our cycling passion

CYCLING

TV reporter on rise of his sport, having his own fan club and men called Godwin

Rob.Virtue
@wharf.co.uk

Such is Britain's love for cycling that never mind the likes of Wiggins and Cavendish, even the sport's presenters have fan clubs. Ned Boulting has become an icon of the bike for his work with ITV over recent years but he didn't expect a website set up by his adoring supporters.

"I've seen the site and I've been through a range of emotions," said the Lewisham resident, who presents the Tour of Britain, Tour Series and also covers the Tour de France.

"I was flattered at first, a little bit embarrassed, and then extremely

par with archery and kabaddi" to "something B-list like tennis".

It's that rise that led him on a journey to find out how we got here, the topic of his second book, *On The Road Bike*.

It sees him travel far and wide – usually on two wheels – to speak to the unsung heroes in the sport's history in a bid to educate himself as much as the reader.

"I've travelled the same journey of discovery as millions of others have over the last few years," said Ned. "We loved cycling as a kid, refound it as an adult and started watching it on TV. In my case I was working, but gradually I became obsessed with it."

"As a country we've discovered a passion for cycling we didn't know we had. We may have invented football, rugby and cricket, but we definitely didn't invent cycling, which is really a sport from places like Belgium, France and Italy."

It's a passion boosted by the fact Britain is leading in almost every discipline at the moment. And that success isn't a new thing for these islands, as Ned found.

"I spoke to many British people from their 60s to their 90s who devoted their lives to the sport but were never appreciated in their own country," he said.

"Two men stick in my mind, both coincidentally called Tommy Godwin and both now dead. One, who only recently died, won two bronzes in the 1948 Olympics at the Herne Hill velodrome. He was fascinating to meet and loved the science of the sport."

"The other holds a world record that will never be beaten because the Guinness Book Of Records believes the challenge is too dangerous to be attempted. He cycled over 75,000 miles in less than a year – that's over 200 miles a day."

■ *On The Road Bike* (£8.99) is out now and can be purchased at one of Canary Wharf's two Waterstones stores. Ned will be signing copies there today (Thursday), at 12.30pm in Jubilee Place.

ITV presenter Ned Boulting has been scouring the country to uncover its cycling history for his book *On The Road Bike*, below



BARNEY JONES

SPORT IN BRIEF

Round up

Gower signs a one-year deal

CHARLTON The Addicks completed the signing of former Swansea midfielder Mark Gower on Monday. The 34-year-old, who spent the end of last season on loan at The Valley, joined the Addicks in a one-year deal.

Clubs will face no action from FA

FOOTBALL West Ham and Millwall have escaped punishment for abusive chanting by fans during games against Tottenham and Birmingham respectively.

However, the Football Association did warn them over future conduct.

Show jumping hits the East End

LEGACY A taste of the Olympics returns to Stratford this week when the Longines Global Champions Tour takes place.

The international show jumping event runs from today until Sunday and will include Britain's 2012 gold medalists Nick Skelton, Scott Brash and Ben Maher.

Go to globalchampionstour.com.

W Which cyclists stuck out for you?

"Two men, coincidentally both called Tommy Godwin. One won two Olympic bronzes. The other cycled over 75,000 miles in a year."

embarrassed. I'm not sure if those who set it up are taking the mick but I've met them and they seem lovely people."

Let's assume the International Ned Boulton Fan Club is serious – because after two years of adulation, the manufacture of Ned badges and over 600 followers of the club on Twitter, let alone the 40,000 who are following his real account, it most probably is. And that's a good starting point for where cycling is currently.

In Ned's own words the sport in Britain has risen from being "on a

WEEKEND FLUTTER

WITH THE

RACING POST

RACING

■ With no Frankel around this year, the mile division looks wide open. Frankel's famous colours will be worn by **CITYSCAPE**, who looks good each-way value at 20-1 for the Queen Anne Stakes on June 18. Roger Charlton's veteran has a good record at the track and at his best he doesn't have much to find.
Ed Quigley

GRAND PRIX

■ **Lewis Hamilton** has won the Canadian Grand Prix three times and, with his Mercedes team getting on top of tyre issues he looks the right bet at 5-1 to make that record even more impressive with another victory in Montreal on Sunday. The team were unlucky not to record a one-two finish in Monaco last time.
Adam Scriven

For daily expert advice, top tips and the news from our experts go to racingpost.com

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Sport

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FLUTTER SHY?

Get advice from our
Racing Post tipsters **P55**

More people have walked on the moon than have done this

ROWING Gold medallist wishes dad well as he bids to row round Britain without stopping, writes **Kay Lockett**

Blistered bottoms, sore limbs, cramp, sleep deprivation and sharing a toilet bucket are just some of the tough challenges facing four rowers who aim to break a world record this month.

But the four adventure seekers say the physical demands are only a small part of the challenge – it's the mental struggle that is the difficult element when rowing non-stop for 2,000 miles as part of GB Row Challenge.

Team Hallin set off from Tower Bridge on June 1, in an attempt to break the world record for a non-stop circumnavigation of the UK, which will take around 26 days.

The team are no strangers to the water, and with London Olympic gold medal-winning rower Sophie Hosking as their biggest supporter – and daughter of the skipper – they aim to win the challenge prize of £100,000, which will be donated to Combat Stress, a UK charity specialising in the care of veterans' mental health.

Speaking as the teams gathered in Rotherhithe before the race, Sophie, 27 said: "They are very brave and I couldn't see myself doing it – this is a whole different ball game to winning an Olympic medal."

"Dad has rowed across the Atlantic before and I remember when I was going through a period of some really tough and painful training, I kept thinking that however hard it was – at least I can sleep in my own bed at the end of a tough day."

"They can't. It's an incredibly difficult challenge, just the sheer endurance that is involved is impressive."

The gold medallist had some tips



Olympic gold medallist Sophie Hosking said her father's team were "very brave" in their attempt

for her Dad and his crew. She said: "Just focus on the moment and don't look too far ahead."

"A good rower needs a thorough understanding of how to propel a vessel in the water but mostly needs to be able to endure being uncomfortable for long periods of time and be able to work through the pain."

"You need overall total body strength and particularly strong legs and back, but also you need to be mentally prepared for the task ahead."

Retired Naval Officer David Hosking MBE, 58, and his three team

FACTFILE

- GB Row 2013 is the world's toughest rowing race – an epic 2,000 miles non-stop around Britain's coast.
- More people have walked on the surface of the moon than have rowed non-stop around Britain.
- The fastest time the route has been tackled in is 26 days, 21hrs, 14mins.
- The crews are not allowed to tie up at any port during their journey.
- They must carry all their own food and water on board.
- Each boat has a machine to turn seawater into fresh for drinking.
- In 2010 a team of four women, skippered by Belinda Kirk, set a Guinness World Record by becoming the first females in history to complete the 2,000-mile journey in 51 days, 16hrs, 42mins.
- They were racing against a team of men who were forced to give up at Land's End.
- After leaving Tower Bridge crews can go clockwise or anti-clockwise around Britain.
- No team has yet gone anti-clockwise up the North Sea and down the Irish Sea.
- At its widest, the main hull of Hallin Marine (Team Hallin's boat) is just three feet across.



David Hosking is one quarter of Team Hallin, which is raising money for Combat Stress



mates Neil Ward, 42, Julian Bellido, 28, and Stuart Chamberlayne, 22, hope to win the prize money for a charity close to their hearts.

David served in the Royal Navy for 35 years and, during the Falklands

War, his ship, HMS Glamorgan, was hit by an Exocet missile, killing 14 sailors.

In the aftermath he witnessed many of his crew suffering psychologically.

He said: "Combat Stress is a great charity because they are there for veterans in time of need."

"There are many charities and help is available for those with physical injuries but few that deal with mental health problems suffered by war veterans."

"I have always loved a good adventure, I retired from the Navy

five years ago and now the world is my oyster. We have a good crew and boat and are hoping for good weather – that is the only aspect we can't control."

After starting at Tower Bridge on Saturday, seven teams will attempt to row non-stop and unassisted from the City, around Land's End, up to John O'Groats and back to the capital.

To beat the current 26-day record, the winning crew will have to average about 80 miles a day.

To follow Team Hallin's progress on their journey, go to teamhallin.co.uk.

Wharf prepares to welcome top cyclists for Tour Series

CYCLING

Corporate and pro races take place on estate tonight

Rob.Virtue
@wharf.co.uk

Britain's top cyclists will do battle on the streets of Canary Wharf tonight as the Pearl Izumi Tour Series comes to town.

Back on the estate for a fourth year, the spectacle will see Olympic gold

medallist Ed Clancy compete alongside World Champion Andy Tennant and the likes of Dean Downing, James McCallum and Chris Opie.

The event starts at 6pm with *Cyclist Magazine's* corporate challenge, previously won by Barclays Capital, Thomson Reuters and Clifford Chance.

At 7pm the big race begins. It sees one hour of cycling before the bell goes to signal the final five laps of the 1.1km track around One Canada Square. The Canary Wharf race is the eighth round of the series. Highlights will be screened on ITV4.

The Tour is a team event with the current leaders, Team UK Youth,

seven five ahead of Team Raleigh. Last year Endura Racing, now known as Team NetApp-Endura and based in Germany, were victorious in the Canary Wharf event, with team member Zak Dempster from Australia also winning the individual prize.

Clancy, who was part of Britain's gold medal winning team pursuit at last year's Olympics, will be riding for Rapha Condor-JLT, who are currently in fourth place.

Last week he became the most successful rider in Tour Series history after winning round five of the event at Torquay, where he narrowly edged out Downing for first place.

Go to tourseries.co.uk.



Gold medallist Ed Clancy will compete in Canary Wharf



Ned Boulting
book signing
Page 55

PROPERTY

Wharf

Canary Wharf's leading property guide



Why I went for shared ownership in Poplar

P18

Why Nicky Haslam has a muddle at his home

P20

3

of the best properties available in Docklands

P18



A chance to buy final piece of iconic scheme

The first phase of Providence Tower in Blackwall goes on sale **Pages 19**

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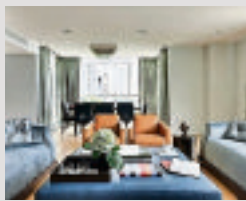
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PROPERTY

3 OF THE BEST

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Guide: £1,250,000
Belgrave Court, E14

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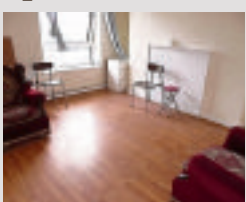


Guide: £580,000
Ocean Wharf, E14

A two-bed, two-bath flat with two balconies and west facing views over the river. Close to Mudchute DLR station.

email4property.co.uk

Spend less



Guide: £200,000
Corry House, E14

A fourth-floor two-bed flat in Poplar within easy walking distance of Canary Wharf. Features a fully fitted kitchen.

email4property.co.uk



For more properties on sale now in London, go to stirlingackroyd.com

Show to focus on sharing cost in Greenwich



Greenwich shared ownership is £155 cheaper than renting each week

THOSE looking to get on the first rung of the property ladder in Greenwich are being offered a helping hand by affordable housing providers at an event this month.

Metropolitan's Homematch Affordable Property Show has recruited more than 12 companies to offer advice and support about options including shared ownership and shared equity – both of which have rocketed in popularity due to a sharp increase in London house prices.

The showcase, on June 15 at the Hotel Russell in Russell Square, is free but availability is limited.

Colin McLennan, head of home ownership services at Metropolitan, said: "Help and affordability is what buyers need right now."

"In the first month that Homematch was launched, we had more than 14,000 unique visitors to our website, which gives a small insight into the demand for affordable London living."

"With private rents increasing and the relative scarcity of social housing, what we're offering is an opportunity for hopeful buyers in Greenwich to take a step closer in meeting their home ownership aspirations."

Hometrack, which charts buyer trends on the private and affordable markets, has revealed that a 50 per cent share in a two-bedroom flat in Greenwich currently costs £131 per week, compared to an average private weekly rent of £288.

To reserve a ticket for the event go to homematchshow.eventbrite.co.uk.

Beth Allcock

Rewarded for biggest profits

A CANARY Wharf estate agent's performance has been rewarded with a VIP trip to Miami.

Felicity J Lord Canary Wharf branch partner Adam Wolfryd, pictured, beat colleagues across the UK to enjoy breakfast on South Beach, lunch in the Everglades, an afternoon on a catamaran and early drinks at Nikki Beach after his sales team was revealed as the firm's most profitable in the country.

Last year Spicerhaart, Felicity J Lord's parent company announced the incentive to its 1,500 staff covering 200 branches.

Mr Wolfryd said: "It was fantastic to be recognised for our efforts with a VIP trip to Miami."

"I had a wonderful time and can't wait to find out what the company has in store for its top performers next year."

Kay Lockett



Kathy Schroeder relaxes with a glass of wine at the Poplar flat she's bought a share in

Settling into shared ownership

Kay Lockett
@wharf.co.uk

MONEY spent on renting and lining your landlord's pocket could be used to purchase a property thanks to Family Mosaic's shared ownership scheme at New Festival Quarter in Poplar.

And having rented at five London addresses in the last five years since moving to the UK, financial analyst Kathy Schroeder, 35, decided to do just that.

She said: "I felt it was the right time in my life to settle down. Initially I planned to buy in Tower Hamlets to stay near my friends but after finding out about the

Family Mosaic shared ownership scheme, I booked a viewing at New Festival Quarter.

"As soon as I walked into the show apartment, I knew I had found my next home. I cancelled all other viewings as it was everything I was looking for – a bright, modern one-bedroom, one-bathroom apartment with a generous open plan kitchen and lounge area leading to a balcony."

"The well-equipped gym in the building and 24-hour concierge service were a wonderful benefit. I was also drawn to the guarantee that comes with a new-build."

"It's only a 25 minute bus ride to work near the Tower of London

and, on a sunny day, just an hour's walk. Being close to the DLR, Jubilee line and Thames Clippers is also an advantage."

"The best thing about my new home is knowing my monthly expenditure is going towards buying the equity in a property, rather than on rent."

Buyers can purchase as little as 35 per cent of a home under the scheme. A Government subsidised rent is payable on the unpurchased part of the property.

Prices start from £85,750 for a 35 per cent share of a one-bedroom apartment based on a full value of £245,000.

Go to familymosaicsales.co.uk.

Historic buildings get an update for modern living

Berkeley says it has created a place where people will want to reside

Rob.Virtue
@wharf.co.uk

Back in 1850 it was a beautiful gatehouse at Woolwich Arsenal. These days Foundry House is a host of restored, Grade II-listed homes.

The Victorian refurbishment has been launched by Berkeley at its Royal Arsenal Riverside development as four conversion duplex apartments.

Back in the 19th century it was the grand entrance to the Shell Foundry complex. It has a baroque gate with ornate wrought iron metalwork, behind which metal castings were produced.

For the new development, the original exterior has been restored while the interior has been transformed for modern living.

The apartments are one and two-bedroom properties, ranging



Flats at The Foundry are now on sale

from 772sq ft to 1,567sq ft, designed to maximise space and light.

Paul Vallone, managing director of Berkeley Homes (Urban Renaissance), said: "Royal Arsenal Riverside is a unique development within the Berkeley portfolio."

"It has wonderful links to the past, which are seen most prominently in the presence of wonderful buildings

such as Foundry House. We've had dedicated teams working to restore the former grandeur of this 1850s building and it's been a real pleasure watching the properties take shape."

"These homes represent the vision that has bought the development to life – to create a place where people want to live, while retaining important historic legacy for future generations."

Two-beds at Foundry House start at £595,000 and the apartments are available to purchase now. In the last 10 years at the Royal Arsenal development 22 Grade I and Grade II-listed buildings have been converted.

In total, 2,000 new homes have been built in the area 20 minutes from Canary Wharf from Woolwich Arsenal DLR.

Plans are also in place for a Crossrail station, which will link Woolwich with the business centre in just eight minutes. Facilities on site include a Young's gastropub, a museum, a cafe, a Tesco Express, pharmacy, health centre, a residents' gym, a car club and a hotel.

One-bedroom apartments are available to buy from £475,000.

Go to royalarsenalside.co.uk for more information.

Live minutes from the office high in the sky

First part of the final piece in New Providence Wharf jigsaw goes on sale

Beth.Allcock
@wharf.co.uk

If a 43-storey tower with impressive views of the Wharf is somewhere you'd like to call home, act quickly to secure one of 60 hot properties new on the market.

Ballymore Group has released the first tranche of apartments at its Providence Tower development – the final piece of its New Providence Wharf jigsaw.

Designed by international architects Skidmore, Owings and Merrill, the flats boast panoramic views of the capital from the luxury of private balconies.

John Mulryan, Ballymore UK managing director, said the apartments offered “a bespoke mix of high-end living in the heart of the world's financial centre”.

He said: “We are delighted to release the first UK sales opportunities at Providence Tower. Its global success is a testament to the unrivalled oppor-

What can I expect from the tower?

“Open plan homes overlooking the Thames and featuring access to fitness facilities at NPW Athletic Club and membership of the private Sky Lounge club.”

tunity this development presents to buyers and investors.”

The homes on offer feature open plan design and overlook the River Thames, with access to the landscaped grounds of New Providence Wharf.

As well as an automatic membership to the Sky Lounge private residents club, buyers can indulge their passion for fitness at the on-site NPW Athletic Club, boasting a full length beep test track, boxing ring, pool and sauna.

And, if home-working is on the agenda, they can also take full advantage of the new NPW Business Centre with office and meeting facilities.

London City Airport is just a 10-minute journey on the DLR while Canary Wharf lies just a few minutes' walk away.

A one-bedroom home at Providence Tower costs from £422,000, with a two-bedroom property holding a price tag of £500,000.

A three-bedroom duplex is on the market from £682,000.

Go to providencetower.com for more information.

An artist's impression of Providence Tower. Inset, the highly landscaped environment of New Providence Wharf



What next if my agent is incompetent?

QI recently placed my property on the market to sell with one of my agents. Only two weeks into the process I have realised that they are incompetent and absolutely not the right agent for the job. The only trouble is I have signed their terms of business for a 12-week period. Is there anything I can do to get them to release me from the contract given how unhappy I am with their service?

AWhen it comes to choosing an agent to sell your property I can't stress enough how important it is to do your homework before signing on the dotted line.

Your property is likely to be your largest single asset so it's worth taking a little time over who is going to represent you when it comes to selling.

Instructing the right agent from the outset is crucial because once that property goes live it is available to an audience of thousands of potential buyers

online. Your home is being showcased by this agent, so it's important the photographs are professional. A high calibre

photographer can work magic on even the most normal looking room in the house and good lighting and wide angle lenses can make your property look 100 times better.

If your agent is already letting you down in week two then you have made the wrong decision.

You will need to have a look at the small print to see if there is anything you can do but, depending on how long ago you signed the document, you may still be in the cooling-off period any credible agent will have inserted into the contract.

Most agency agreements are for anything between 8-16 weeks initially and some have a 28-day notice period too so you do need to investigate what you have signed.

Sole selling rights is not so prevalent today but beware of this type of agency agreement as it means that even if you sold your house privately, your agent would be perfectly within their rights to charge you a fee.

Dawn Sandoval MNAEA is an independent property consultant working in the Canary Wharf area – call 020 7093 1702. Every effort is made to ensure the accuracy of comments given. Individual cases must be studied by a solicitor. Email questions to newsdesk@wharf.co.uk.



Haslam advocates the use of many colours in his interiors

Throw things together in a mismatched mess

Gabrielle Fagan talks country retreats with interior designer to the stars Nicky Haslam as he shows her round his secluded residence

It would be easy to assume that Nicky Haslam, an interior designer with a global reputation, might possess a home suited to the pages of celebrity magazines.

The type of place that speaks more of ostentation and status than style. But it's obvious on first sight of his enchanting house that nothing could be further from the truth.

Nestling discreetly in rolling countryside and surrounded by forests of oak and chestnut trees, the 16th century hunting lodge was once used by King Henry VII as a resting place from the chase.

It was here Henry's eldest son, Arthur, Prince of Wales, met his fiancée, Catherine of Aragon and, when he died shortly after their wedding, Catherine married his brother – the future King Henry VIII.

None of that mattered to Haslam, who first set eyes on the Hampshire property as he stood in a clearing by the nearby lake and fell in love with "the fairytale facade of this rose-pink, brick-gabled folly glinting in the evening sun".

W What colours are good in the home?

"White, brown and red variations with greys to pinks and all shades of beige work in any setting. They are most flattering."

Nicky Haslam

Nearly four decades on he's transformed a formerly neglected warren of small, bare rooms into an English country home that is unself-consciously grand.

Describing the house in his new book *Folly De Grandeur*, he calls it "an untidy jewel", and its charm and character gives an insight into the life of this extraordinary man.

The high-profile clients who have used his talent over the last 50 years include Rod Stewart, Mick Jagger, Charles Saatchi, Lord Andrew Lloyd-Webber and Rupert Everett.

As a legendary party-goer and giver, Haslam has also designed countless

events, including many for the Prince of Wales.

With each commission he creates decor uniquely reflecting a client's taste, lifestyle and location. But he says, self-deprecatingly, as he invites me inside his own house: "It's been a joy for nigh on 40 years to furnish and decorate this romantic home. But it would be hopeless to pretend that my style, at home, is anything but a hodgepodge of the things I love."

"It's an amalgamation of bits and pieces, some things inherited, some discovered in far-flung markets, or the dusty corners of antique shops, several impulse buys that I've never regretted and many presents from friends."

■ Get the look

Haslam has put together a number of tips in his book, aimed at helping aspiring designers to ape his laid back style.

He suggests avoiding a rigid mix-and-match approach and adopting an artistic "mismatch and muddle" instead.

On **colour** he says: "White, brown

So Stylish
So Cool
So Affordable



and red variations with greys to pinks and all shades of beige work in any setting. They are most flattering to the human complexion.

"A touch of red is essential in every room as it makes all the other colours sing."

"White porcelain and white table linen work well with displays of flowers, fruit, vegetables or even books for an interesting table setting."

For rooms **lacking light** he says: "Rather than trying to use light colours in a futile attempt to brighten a space,

opt instead for dark, rich colours to conjure warmth and cosiness.

"Beef up the scale of wall-coverings in small spaces to pull a scheme together because small patterns tend to trail away to nothing."

In the **kitchen** he recommends the introduction of a "large chopping board, made to measure, to cover a double sink" with the aim of extending the work surface space and hiding debris from cooking preparation.

In the **bedroom** he says: "Pale blue and green can give a fresh feeling but

the hardest colour to use is yellow, which doesn't make a room feel sunny but merely soaks up dull light from outside.

"Strips of wallpaper border hung vertically can bring height and colour to plain walls."

"I firmly believe houses have a voice and a soul. You have to listen to that voice – they will win if one treats them cavalierly."

Nicky Haslam's Folly De Grandeur with photographs by Simon Upton, is published by Jacqui Small, priced £40.



Interior designer Nicky Haslam suggests adopting a muddled approach to design, with a splash of red in every room. Left, the library at his country home

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RENTING SHOULDN'T MEAN PACKING UP EVERY YEAR

Sometimes it feels like you've hardly moved in before you have to find a new home to rent. And having to move out at the end of your tenancy, especially when you don't want to, can be a big drain on your time and on your pocket.

Renting from Genesis is different. When you rent from us, you can rent for longer if you want to. On most of our properties we offer rental tenancies for 1, 2, 3, 4 or even 5 years, giving you peace of mind and security. And that security comes with flexibility. After the first six months of your tenancy, if your circumstances change and you need to move out, you only need to give us 2 months' notice.

Our rental properties are different too. They're new or well-maintained apartments featuring contemporary bathrooms and kitchens and a high specification. They come with a host of quality white goods as standard and if you need furniture, we can provide a range of great options.

And once you've moved in, if you ever have any problems you'll really appreciate our dedicated property managers and a 24-hour helpline for out of hours emergencies.

Add in a transparent fee structure and the experience and resources of one of the UK's leading housing providers, and it's clear to see why we think we've come up with a better way to rent.

We have fantastic properties available for rent now at our iconic Stratford Halo development in east London, just minutes from the Olympic Stadium and Westfield shopping centre. And Zenith House in Colindale, north London will be launching soon. Call us today to book a viewing.



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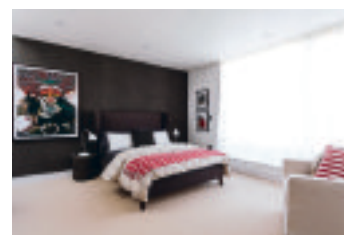
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Prices from £750,000



- Freehold houses set within a conservation area
- Interior designed space with Italian Kitchens and fully marbled ensuite bathrooms

- 10 minute walk to heart of the City and 5 minutes to Whitechapel tube/Shadwell DLR
- Walk to Spitalfields, Shoreditch and Hoxton



All prices correct at time of going to press | Journey times stated are approximate.

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All prices correct at time of going to press | Computer generated image and may vary

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Prices from £250,000



(EVENING STANDARD 27TH MARCH 2013)

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DAWN SANDOVAL

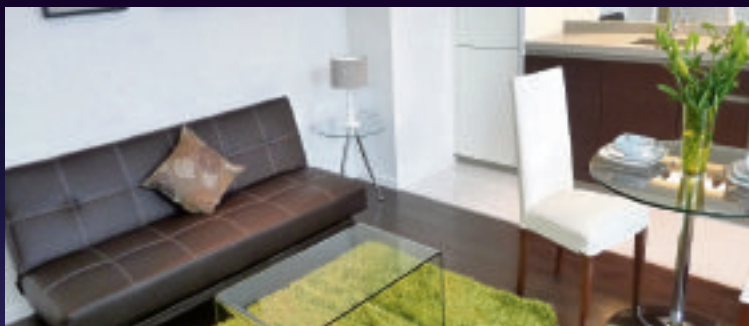
Residential



Pierpoint Building, Millennium Harbour E14

£520,000 Leasehold

Dawn Sandoval Residential are delighted to offer for sale this rare to the market well-presented riverside apartment located on the second floor of this prestigious development in the heart of Canary Wharf. Boasting a balcony with uninterrupted views across the River Thames and onto the city of London this superb apartment has it all. Two bedrooms and two bathrooms – one ensuite, as well as a well-appointed fitted kitchen. Offered with secured parking, 24 hour concierge and superb leisure facilities to include a gym, Jacuzzi and steam and sauna. Located within easy walking distance of Canary Wharf Station and Heron Quay DLR as well as shops and amenities.



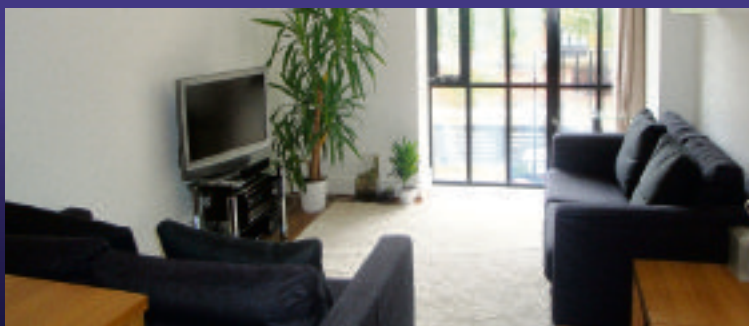
Baltimore Wharf, E14

£375 pw

A stunning one bedroom apartment located on the 8th floor of this outstanding luxury development. The spacious apartment comprises of a fully fitted open plan contemporary kitchen, a light and airy reception featuring beautiful wooden flooring. The property also boasts a good sized balcony offering side dock views. The double bedroom has floor to ceiling windows and the luxury bathroom is fitted to a high standard. This exceptional property has been furnished throughout to a very high specification and benefits from 24 hour concierge and luxury leisure facilities. Located adjacent to Cross Harbour DLR.

Vanguard Building, Millennium Harbour, E14 £365 pw

Dawn Sandoval Residential are delighted to offer for rent this superb rarely available larger than average one bedroom apartment located on the fifth floor of this luxury riverside development. The apartment boasts stunning direct river views as well as views across the City of London from both the balcony and the well-appointed light and airy reception. Benefitting from a fully fitted kitchen with a window and modern bathroom also featuring its own window too. The apartment also offers a good sized balcony as well as a secured undercover parking space. Located on the popular Millennium Harbour development with 24 hour concierge as well as a fabulous recently refurbished gym, Jacuzzi and solarium. Situated just a short walk away from Canary Wharf tube as well as Heron Quay and South Quay DLR. Offered Furnished/unfurnished and available early June 2013.



Burrells Wharf Square, London, E14

£325 pw

Situated on the first floor of this sought after development is this delightfully spacious one bedroom apartment. The beautifully presented property benefits from wood flooring throughout and is naturally light and airy. The reception has views across the attractive square as does the bedroom. The property benefits from a fully fitted recently refurbished contemporary kitchen as well as a refurbished modern bathroom. Boasting a huge storage cupboard and a larger than average hallway the apartment also benefits from being furnished and has secured undercover parking. Burrell's Wharf also benefits from 24 hour concierge and Leisure facilities to include a swimming pool, Jacuzzi, Gym and private function room. Located close by to the Thames Clipper, bus routes into Canary Wharf and Mudchute DLR. Available from the end of June 2013.

Seacon Tower, E14

£350 pw

Dawn Sandoval Residential are delighted to bring to the market this stunning one bedroom riverside apartment located in this popular secured development. Located on the fifth floor and offering superb direct river views. Benefitting from a modern open plan kitchen, luxury limestone bathroom this apartment has it all. Offering 24 hour Concierge and leisure facilities to include a gym, Jacuzzi sauna and steam room. Located a short walk away from Canary Wharf tube station and Heron Quay DLR. Furnished, available immediately.

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The Pulse, NW9

- A furnished one bedroom apartment situated on the 8th floor
- Open plan fitted kitchen, lift & communal gardens
- Short walking distance to Colindale tube station

£250 p/w**Call 020 7510 1050**

Evelyn Court, BR2

- An unfurnished two beds two baths apartment
- Spacious hallway with storage, modern fitted kitchen, lift, parking space
- Close to the Glades shopping centre & Bromley South station

£280 p/w**Call 020 7510 1050**

Ferguson Close, E14

- A two bedroom, one bathroom raised ground floor apartment
- Offering direct river view, fully fitted kitchen & parking
- Situated within a 10 minute walk to Mudchute DLR

£300 p/w**Call 020 7510 1050**

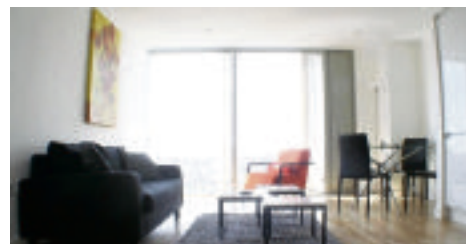
Baltimore Wharf, E14

- Luxury Studio Apartment situated on 6th floor
- Private balcony, modern fully fitted kitchen, Marble flooring & lift
- Moments away from Canary Wharf

£345 p/w**Call 020 7510 1050**

Bridges Wharf, SW11

- A selection of furnished one / two beds apartments
- Fully fitted high spec kitchens, wood flooring to the reception room & hallway, balcony with river view, 24 hours concierge & underground parking
- Easy access to Sloane Square & Kings Rd

From £355 p/w**Call 020 7510 1050**

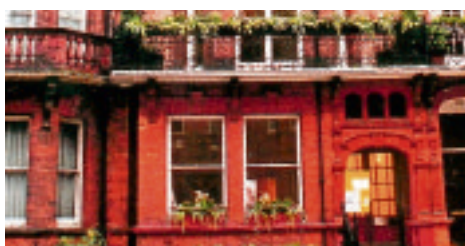
Landmark East, E14

- Large 1 bedroom Luxury Apartment on 19th floor
- Wood flooring to living areas with carpet to bedroom area, full height glazing with panoramic river views & 24 hours concierge

£370 p/w**Call 020 7510 1050**

Millharbour, E14

- A furnished two beds apartment
- Fully fitted kitchen, wood strip flooring, balcony, lift & concierge
- Easy access to Canary Wharf & South Quay DLR Station

£370 p/w**Call 020 7510 1050**

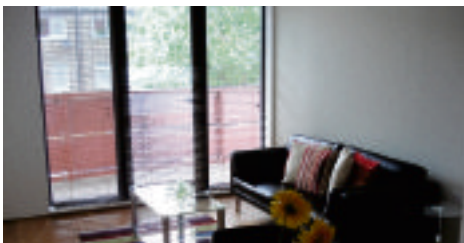
Draycott Place, SW3

- A selection of studio apartments for rent in Draycott Place
- Fully furnished, fitted kitchenettes, entry phone system, GCH & lift
- Off Sloane Square & behind the world famous Kings Road

£380 p/w inclusive of bills**Call 020 7510 1050**

Arran House, E14

- A furnished spacious two double bedroom apartment, master bedroom with en-suite & balcony offering views of the Thames & dock view
- Fully fitted kitchen, secure parking & garage
- Within walking distance to Canary Wharf

£420 p/w**Call 020 7510 1050**

Ink Building, W10

- A selection of two beds/two baths apartments
- Wood laminate flooring throughout living area, modern fully fitted kitchen, 24hrs concierge & secure parking
- Close to Ladbroke Grove Station

£475 p/w**Call 020 7510 1050**

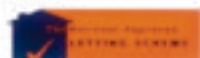
Claremont Heights, N1

- A two double bedroom apartment on 1st floor
- Fully fitted kitchen, secure parking & porter facilities
- Minute walk to Angel U/G

£520 p/w**Call 020 7510 1050**

The Westminster, SW1

- A selection of 1 or 2 beds apartments in the heart of London
- Wooden flooring throughout living area, modern fully fitted open planned kitchen, under floor heating, lift & secure underground parking
- Close to Westminster & St James Park Station

From £525 p/w**Call 020 7510 1050**

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Vanguard Building, E14

A Highly desirable ground floor apartment in the ever popular Millennium Harbour development. West facing into the courtyard gardens. The apartment is offered in immaculate condition and would suit investors & First time buyers alike. Benefits also include two bathrooms, balcony, secure parking, 24 hour porterage, onsite Gym, Jacuzzi, steam room and sauna. **EPC-C**

£500,000



Landmark West, E14

A stunning 24th floor apartment with stunning views of Canary Wharf. Boasting two double bedrooms, two bathrooms and 807sqft of internal space, the dual aspect living/kitchen area opens into a full width balcony. This luxury apartment provides easy access to Canary Wharf's financial centre, Jubilee and DLR stations as well as the myriad of shops, bars and restaurants. **EPC-B**

£635,000





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Indecon Court, E14

£270pw

- Studio Apartment
- One Bathroom
- 24hr Concierge
- South Quay DLR



Aqua Vista, E14

£270pw

- One Bedroom
- Large Terrace
- Concierge
- Langdons Park DLR



Ontario Tower, E14

£275pw

- Stunning Studio
- 13th Floor
- Leisure Facilities & Concierge
- Blackwall DLR



Landmark West, E14

£350pw

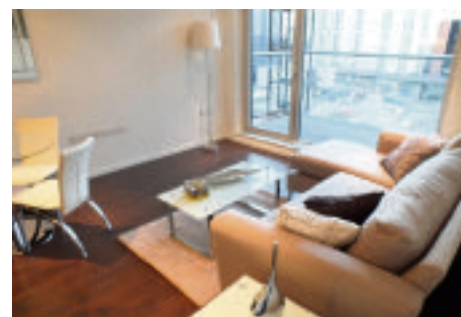
- One Bedroom
- Luxury Apartment
- 24hr Concierge & Gym
- Heron Quays DLR



Ontario Tower, SE16

£370pw

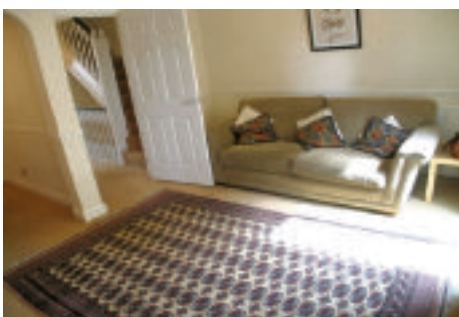
- Brand New, One Bedroom
- Stunning Views
- Large Winter Garden
- 24hr Concierge & Gym



Baltimore Wharf, E14

£460pw

- Luxury Apartment
- Two Bed, Two Bath
- 24hr Concierge
- Crossharbour DLR



Jamestown Way, E14

£575pw

- House
- Four Bed, Three Bath
- Parking
- Close To East India DLR



Landmark East, E14

£580pw

- Two Bed, Two Bath
- Balcony
- Gym and 24hr Concierge
- Heron Quays DLR



Landmark West, E14

£1,000pw

- Three Bed, Two Bath
- Balcony
- Allocated Parking
- Gym & 24 Hour Concierge

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Millennium Harbour, E14

- £389,995
- Two bedroom apartment
- 1st floor
- Secure parking
- 24hr concierge
- River view



Naval Row, E14

- £259,995
- Two bedroom apartment
- Recently renovated
- Original features
- Ground floor
- Excellent rental yields



One West India Quay, E14

- £599,995
- Superb One bedroom apartment
- Over 950 sq ft
- Enviaable views
- Desired development
- Chain Free



Seacon Tower, E14

- £499,995
- Two bedroom apartment
- Secure parking
- River/City view
- 4th floor
- Chain free



Pepper St, E14

- Price on Application
- Residential development opportunity
- 1031 sq ft
- Views over the Dock/Canary Wharf
- Prime location
- Current use as office space



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- Balcony
- One Bedroom
- Fully Fitted Kitchen
- Available June 2013

**Orion Point, E14**

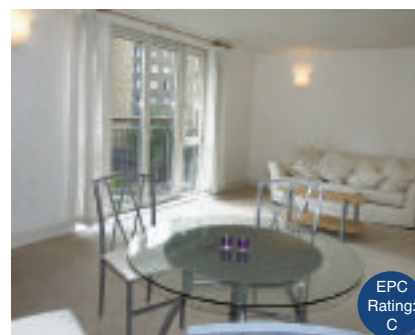
- £685 Per Week
- Two Bedroom
- Penthouse Apartment
- Two Bathroom
- Open Plan Living Area
- Parking Space

**Berber Place, E14**

- £495 Per Week
- Private Garden
- Stunning Three Bedroom
- Secured Parking
- Three Storey House
- Available Now

**The Heron, EC2Y**

- From £1,500 Per Week
- Sought After Building And Location
- Leisure Facilities
- 3 Bedroom Apartments
- Modern and Fully Fitted Kitchen
- Available Summer 2013

**Edison Building, E14**

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- Secure Parking
- Two Bedrooms
- Leisure Facilities
- Fully Furnished
- Available June 2013

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Brightlingsea Place, E14 - £1,295,000 FH

2000 sq ft four bedroom, four bathroom house, immaculate presentation, x2 parking spaces, amazing location. **EPC: E**



Westferry Road, E14 - £390,000 FH

Stunning 9th floor one bedroom apartment, Balcony, River views, Oak flooring, Immaculate presentation. **EPC: C**

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West India Quay, E14 £435 per week Furnished/Unfurnished
 A beautiful one bedroom within this exclusive warehouse conversion. An abundance of character, exposed brickwork and beams. **EPC: E**



Pan Peninsular, E14 £720 per week Furnished
 Fabulous two bedroom apartment on the 21st floor of this iconic Canary Wharf development. Spectacular views, concierge, spa, gym, cinema & residents bar. **EPC: B**



Ontario Tower, E14 £460 per week Furnished
 Modern and contemporary one bedroom apartment on the 22nd floor of this desirable development. With stunning views, concierge and leisure facilities. **EPC: C**

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PIERHEAD BUILDING, E14

2 bedrooms ♦ 2 bathrooms (1 en suite) ♦ balcony ♦ allocated parking ♦ 24hr portage
♦ resident leisure facilities ♦ administration charges apply ♦ Council Tax=F ♦ EPC=B

£485 per week Furnished

Savills Canary Wharf



BALTIMORE WHARF, E14

Bedroom ♦ bathroom ♦ balcony with dock views ♦ 24hr portage ♦ residents leisure facilities
♦ administration charges apply ♦ Council Tax=D ♦ EPC=B

£425 per week Furnished

Savills Canary Wharf



DRAKE HOUSE, E14

2 bedrooms ♦ bathroom ♦ 2 balconies with marina views ♦ allocated parking ♦ administration
charges apply ♦ Council Tax=D ♦ EPC=C

£400 per week Unfurnished

Savills Canary Wharf



NEW PROVIDENCE WHARF, E14

Bedroom ♦ bathroom ♦ reception room ♦ private balcony ♦ 24hr portage ♦ communal gardens
♦ leisure facilities ♦ administration charges apply ♦ Council Tax=D ♦ EPC=B

£400 per week Furnished

Savills Canary Wharf



SEACON WHARF, E14

Bedroom ♦ bathroom ♦ balcony with river views ♦ 24hr portage ♦ access to leisure facilities
♦ administration charges apply ♦ Council Tax=E ♦ EPC=C

£385 per week Furnished

Savills Canary Wharf



VIVO DEVELOPMENT, E1

Bedroom ♦ bathroom ♦ balcony ♦ communal gardens ♦ administration charges apply
♦ Council Tax=C ♦ EPC=C

£320 per week Furnished

Savills Docklands

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CAPITAL WHARF, E1W

2 bedrooms ♦ 2 bathrooms ♦ balcony with river views ♦ 24hr portage ♦ onsite gym
♦ administration charges apply ♦ Council Tax=G ♦ EPC=C

£695 per week Furnished

Contact: Ben Rogers



TELFORD YARD, E1W

2 bedrooms ♦ bathroom ♦ reception room ♦ 24hr portage ♦ allocated parking ♦ administration charges apply ♦ Council Tax=D ♦ EPC=C

£525 per week Part Furnished

Contact: Ben Rogers



GULLIVER'S WHARF, E1W

Bedroom ♦ further study/bedroom ♦ bathroom ♦ allocated parking ♦ administration charges apply ♦ Council Tax=D ♦ EPC=B

£525 per week Furnished

Contact: Ben Rogers



PIERHEAD WHARF, E1W

1 reception room ♦ 2 bedrooms ♦ 1 bathroom ♦ balcony with park views ♦ portage ♦ allocated parking ♦ administration charges apply ♦ Council Tax=E ♦ EPC=C

£520 per week Furnished

Contact: Ben Rogers



SWAN COURT, E1W

Bedroom ♦ bathroom ♦ private terrace overlooking St Katharine docks marina ♦ 24hr portage ♦ allocated parking ♦ administration charges apply ♦ Council Tax=F ♦ EPC=C

£495 per week Furnished

Contact: Ben Rogers



HERMITAGE WATERSIDE, E1W

Bedroom ♦ reception room ♦ bathroom ♦ balcony ♦ allocated parking ♦ administration charges apply ♦ Council Tax=E ♦ EPC=C

£395 per week Furnished

Contact: Ben Rogers

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Felicity J. Lord



VICINITY HOUSE, E14

£395pw

Exceptional two double bedroom apartment in a stunning modern development located minutes from Canary Wharf and Westferry DLR. Located on the top two floors, this stylish split level apartment boasting a large open plan living area with wood floors, large private terrace and luxury kitchen.

CANARY WHARF
020 7093 1600
Ref: FJL001
EPC - C



LUMINA BUILDING, E14

£400pw

Extremely spacious two double bedroom, two bathroom apartment in a fantastic location. Offered fully furnished, lounge leading to private balcony which can also be accessed from the master bedroom. Secure development with concierge.

CANARY WHARF 020 7093 1600
Ref: FJL002 | EPC - B



FRANCES WHARF, E14

£280pw

Lovely modern studio apartment with balcony overlooking the canal minutes, gated development. The apartment is very high spec with floor to ceiling windows and Bosch appliances in the modern kitchen. The property is ideal for a single professional.

CANARY WHARF 020 7093 1600
Ref: FJL003 | EPC - D



FELIXSTOWE COURT, E16

£230pw

Fantastic two double bedroom apartment, offered fully furnished with spacious lounge with wood floors. Modern bathroom and luxury en suite. Off-street parking. The property is walking distance for the DLR and well located for London City airport.

CANARY WHARF 020 7093 1600
Ref: FJL004 | EPC - C



CANARY CENTRAL, E14

£340pw

Amazing one bedroom apartment which, offered stylishly furnished including plasma television, wood floors and luxury kitchen and bathroom and a wealth of storage. Located a short walk from South Quay DLR Station the development offers 24hr concierge, leisure facilities including pool and secure underground parking.

CANARY WHARF
020 7093 1600
Ref: FJL005
EPC - C



VIRGINIA QUAY, E14

£300pw

Fantastic one bedroom apartment ideally located on the river, the development offers easy access to Canary Wharf. Includes a bright lounge with a private balcony overlooking the river, modern separate kitchen. Benefits include 24hr porter and parking.

CANARY WHARF 020 7093 1600
Ref: FJL007 | EPC - B

PAN PENINSULA, E14

£720pw

Exceptional two bedroom, two bathroom apartment on the 21st floor, with over 830sq ft of living space including a stylish fitted kitchen, reception room with dining area and access to large balcony offering stunning views over Canary Wharf. Benefits include 24hr concierge, gym, swimming pool, sauna and cinema.

CANARY WHARF
020 7093 1600
Ref: FJL008
EPC - B



MARITIME QUAY, E14

£350pw

An amazing two bedroom property overlooking the river in Canary Wharf. The property offers of a large living area with a separate kitchen and balcony. There is ample storage space in the bedrooms. The property also includes secure underground parking.

CANARY WHARF 020 7093 1600
Ref: FJL009 | EPC - B



PAN PENINSULA, E14

£310pw

Fabulous brand new studio, finished to a high spec and includes spacious living area which leads out to private balcony with fantastic views over London. Benefits include unrivalled leisure facilities with a gym, pool, cinema and spa all onsite and a 24hr concierge.

CANARY WHARF 020 7093 1600
Ref: FJL010 | EPC - C

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WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER
AND APARTMENTS WITH STUNNING VIEWS.

Unit 3c, South Quay Plaza,
185 Marsh Wall, Canary Wharf,
London, E14 9SH

Felicity J. Lord



FALCON WAY, E14
£249,995

A top floor west facing one bedroom apartment with fantastic views over Clippers Quay. This well located apartment is within walking distance to Canary Wharf and Mudchute DLR.

CANARY WHARF
0207 987 6776
Ref: FJL026904002
EPC - C



ANTILLES BAY APTS, E14
£499,995

Being one of the larger apartments within the building this two bedroom dock facing property measures just under 1000 sqft and comes with a large balcony offering wonderful views across South Quay and toward Canary Wharf.

CANARY WHARF 0207 987 6776
Ref: FJL026904081 | EPC - C



WOTTON COURT, E14
£595,995

A stunning, contemporary styled two double bedroomed, two bathroom apartment measuring approximately 1000 Sqft in size and offering some of the most amazing far reaching river views.

CANARY WHARF 0207 987 6776
Ref: FJL026903818 | EPC - C

ATTENTION ATTENTION

After a record breaking month we are now in need of all types of 1 and 2 bedroom apartments. We could have financially qualified buyers waiting to buy your property so call us now (please)

CANARY WHARF 0207 987 6776



ARNHEM WHARF, E14
£495,000

If you are looking for a great view of The River Thames then look no further. This 947sqft duplex apartment comes with some of the best views in the area. With spacious rooms and a contemporary interior, this well located apartment must be viewed.

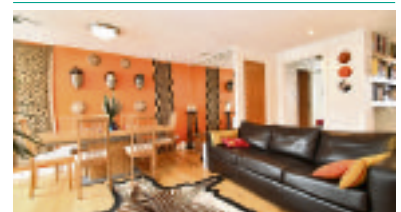
CANARY WHARF 0207 987 6776
Ref: FJL026904010 | EPC - C



VERMEER COURT, E14
£374,995

This beautifully presented two bedroom split level apartment has stunning views over The River Thames and Canary Wharf. Positioned on the 2nd and 3rd floors of this well located development, within walking distance to Canary Wharf.

CANARY WHARF
0207 987 6776
Ref: FJL026904069
EPC - C



PIERHEAD LOCK, E14
£449,995

This well proportioned apartment has bright easterly views towards The River Thames. With spacious rooms and a contemporary interior this conveniently located property also comes with two bathrooms, balcony and two parking spaces.

CANARY WHARF 0207 987 6776
Ref: FJL026903649 | EPC - C

PEPPER STREET, E14
£499,995

This rare to the market apartment measures close to 1000sqft and comprising of two large double bedrooms, both with dock views, large living room, separate kitchen and two large dock facing terraces.

CANARY WHARF
0207 987 6776
Ref: FJL026904072
EPC - C



QUAY VIEW, E14
£375,000

Offering beautiful views over Millwall Dock and sailing club is this well proportioned two double bedroom apartment, close to Mudchute DLR. With floor to ceiling windows and a contemporary interior this large apartment also comes with parking

CANARY WHARF 0207 987 6776
Ref: FJL026904084 | EPC - C



GALAXY BUILDING, E14
£695,000

Offering truly spectacular views towards Canary Wharf and The River Thames is this large three double bedroom sub-penthouse apartment. With double height ceilings and floor to ceiling windows this stunning property is a must see.

CANARY WHARF 0207 987 6776
Ref: FJL026903948 | EPC - C

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Felicity J. Lord



VICTORIA GATE GARDENS, SE10
£975,000

Victoria Gate Gardens is an exclusive, brand new gated development in The Ashburnham Triangle, comprising two luxury detached houses featuring three large double bedrooms and secure, off street parking.

GREENWICH
020 8293 8555
Ref: FJL027103774
EPC - B



STRAIGHTSMOUTH, SE10 £650,000
Accommodation comprises three bedrooms, two bathrooms, guest WC, kitchen/diner, reception, and a private rear garden. The property is laid out in a very user friendly fashion, and suits modern living perfectly.

GREENWICH 020 8293 8555
Ref: FJL027103072 | EPC - C



TRAFALGAR GROVE, SE10 £825,000

Accommodation comprises four bedrooms, two contemporary bathrooms, open plan reception and luxury kitchen, guest WC, private rear garden and driveway to the front for off street parking.

GREENWICH 020 8293 8555
Ref: FJL027103878 | EPC - C



PAVILLION HOUSE, SE16 £525,000 - £550,000

A two/three bedroom split level apartment in this popular gated development in excess of 1300sqft internally with dual access from both levels and allocated secure parking space. The property is located next to Canada Water underground station and within walking distance of all local amenities.

SURREY QUAYS 020 7237 2320
Ref: FJL113200678 | EPC - C



HELENA SQUARE, SE16
£400,000 - £420,000

A top floor two bedroom, two bathroom apartment, set in a corner position of the development offering views of the River Thames. Located within Sovereign Crescent and benefitting from allocated parking.

SURREY QUAYS
020 7237 2320
Ref: FJL113200787
EPC - C



OLD FIRE STATION COURT, SE16 £300,000 - £325,000

A bright and airy, newly refurbished two bedroom apartment forming part of this converted fire station, the property benefits from being in a gated development, secure allocated parking and with high ceilings.

SURREY QUAYS 020 7237 2320
Ref: FJL113200809 | EPC - E

THE CIRCLE, SE1

Guide Price

£1,225,000-£1,250,000

A chance to acquire one of the most beautiful penthouses within the renown Circle development in the heart of Shad Thames. Features include 36' terrace with views of the Shard and secure parking.

SHAD THAMES
020 7089 6490
Ref: FJL027604367
EPC - E



PROVIDENCE SQUARE, SE1

Guide Price £925,000-£950,000

A superb two bedroom two bathroom apartment with direct views of the River Thames, found within this much sought after development. Notable features include dual aspect reception room, two balconies and secure parking. Early viewing recommended.

SHAD THAMES 020 7089 6490
Ref: FJL027604349 | EPC - C



RIVER VIEW HEIGHTS, SE16 £1,395,000

Located on the seventh floor of this superb riverside development is this amazing penthouse apartment with 52' terrace, direct river views and secure parking. To arrange for an internal inspection, please contact our sales office.

SHAD THAMES 020 7089 6490
Ref: FJL027604335 | EPC - C



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DOCKLANDS & CANARY WHARF



PENTHOUSE

CAPITAL EAST APARTMENTS, WESTERN GATEWAY, E16

£470 pw

- Two bed duplex apartment
- Balcony with courtyard views
- Situated on the 10th floor
- Available Soon



REDUCED TO CLEAR

BELGRAVE COURT, CANARY RIVERSIDE, E14

£975 pw

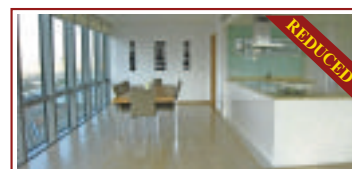
- Three bedroom apartment
- 1843 sq ft on 10th floor
- South West and river views
- Available Now



DUNDEE WHARF, THREE COLT STREET, E14

£750 pw

- Three Bed Town House
- Three storeys with garden
- Furnished with car parking
- Available Soon



REDUCED

ONE WEST INDIA QUAY, HERTSMERE ROAD, E14

£795 pw

- Two bed duplex apartment
- 1,587 sq ft on 13th & 14th Floors
- Furnished with Car Parking
- Available Now



DENISON HOUSE, LANTERNS WAY, E14

£290,000

- Studio apartment
- Circa 392 sq ft on ground floor
- South facing balcony
- Close to South Quay DLR



UNDER OFFER

FAIRFOOT ROAD, DEVON'S ROAD, E3

£220,000

- Two bedroom flat
- Ex local authority
- Circa 736 square feet
- Tenanted until 9th July



LANTERNS COURT, MILLHARBOUR, E14

£360,000

- One bedroom apartment
- Circa 538 sq ft on seventh floor
- Open plan living space
- Close to South Quay DLR



COMPLETION JULY 2013

THE PANORAMIC, LONDON, E14

£325,000

- Off Plan Opportunity
- One Bedroom Apartment
- 523 sq ft with balcony & city views
- Close to Langdon Park DLR

BLACKHEATH & GREENWICH



TOO LATE - LET

FARNSWORTH COURT, GREENWICH, SE10

£345 pw

- Two bedroom apartment
- 825 sq ft on first floor
- Open plan living space
- Furnished with balcony



NEWTON LODGE, GREENWICH, SE10

£365 pw

- One bedroom apartment
- Greenwich Millennium Village
- Circa 559 sq ft and furnished
- Available Now



SHARERS DREAM

BLENHEIM COURT, DENHAM STREET, E14

£535 pw

- Four bedroom duplex flat
- 1,327 sq ft on second floor
- F / UF with secure parking
- Available Now



LOTS OF SPACE

THE KNOLL, ELIOT HILL, SE13

£923 pw

- Five bedroom house
- 3,500 sq ft over three floors
- Rear garden and conservatory
- Available Now



SOLD

KILBY COURT, GREENWICH, SE10

£349,000

- Two bedroom apartment
- Second floor with balcony
- Open plan living space
- 848 Square Feet



MAURER COURT, GREENWICH, SE10

£450,000

- Two bedroom apartment
- Two balconies w/ river views
- Circa 969 square feet
- Car Parking included

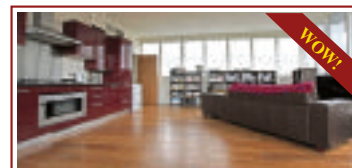


RIVER VIEWS

MAURER COURT, GREENWICH, SE10

£575,000

- Two bedroom apartment
- 6th Floor with terrace
- Furnished with river views
- Car Parking included



WOW!

BLENHEIM COURT, GREENWICH, SE10

£449,950

- Two bedroom penthouse
- 1,001 square feet
- Panoramic views in all directions
- Excellent transportation links


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- Long Lease



Pan Peninsula West Tower E14 **O.I.E.O £284,888**

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- Twenty Seventh Floor
- 5***** Development
- West Facing
- Leisure Facilities
- Stunning Views



New Providence Wharf E14 **£399,888**

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- Two Bathrooms
- Fifth Floor
- 780 Sq Feet
- West Facing
- Leisure Facilities



Richard House Drive E16 **£249,950**

- Three Bedroom House
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- Contemporary Fixtures
- Private Rear Garden
- Freehold



Naxos Building E14 **£349,888**

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- Second Floor
- Private Balcony
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- 24Hrs Concierge
- Stunning River Thames Views



Ability Place E14 **Prices From £279,888**

- Studio Suite Apartment
- Thirteenth Floor
- Close to Canary Wharf
- Private Balcony
- Gym Facilities
- 24Hrs Concierge



New Providence Wharf E14 **£350 per week**

- One Bedroom Apartment
- Fifth Floor
- Leisure Facilities
- Private Balcony
- 24 Hrs Concierge Service
- Five Star Development



City Towers E14 **From £300 per week**

- A Range of One Bedroom Apartments
- 24 Hour Concierge
- Close to Transport Links
- Modern
- Fully Furnished
- Private Balcony



Canary South E14 **£300 per week**

- One Bedroom Apartment
- Walk To Canary Wharf
- Second Floor
- Modern Fixtures
- Fully Furnished
- Available June



Cold Harbour E14 **£310 per week**

- One Bedroom Apartment
- Second Floor
- Secure Parking
- Fully Furnished
- Ideal location
- Juliet Balcony



Ability Place E14 **£395 per week**

- Two Bedroom Apartment
- Second Floor
- Private Balcony
- Leisure Facilities
- Concierge
- Dock Views



Seacon Towers E14 **£350 per week**

- One Bedroom Apartment
- Fifth Floor
- Private Balcony
- 24 Hrs Concierge Service
- Leisure Facilities
- Stunning River Views

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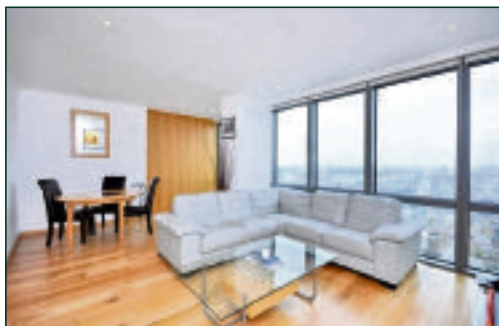


lines open 8am - 12am





Chase Evans



No. 1 West India Quay, E14 £685,000 L/H

Two bedroom, two bathroom apartment on the 23rd floor of the iconic No. 1 West India Quay located just moments from Canary Wharf with its array of shops, bars and restaurants. Superb views through floor to ceiling windows, allocated parking and 24 hour concierge.

Canary Wharf 020 7515 1000



Baltimore Wharf, E14 £550,000 L/H

Spacious two bedroom, two bathroom apartment on the fifth floor of this dockside development conveniently situated next to Crossharbour DLR and within walking distance of Canary Wharf. Wood flooring, large, private balcony, 24 hour concierge and a fully staffed leisure facility.

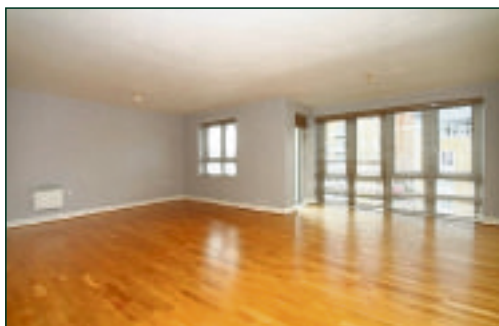
Pan Peninsula 020 7536 7900



Pepper Street, E14 £499,995 L/H

A spacious, 1st floor apartment of approx. 1,002 sq ft offering stunning dock views, two double bedrooms, two bathrooms, a large, east facing private terrace and a dockside balcony with stunning views across the dock to Canary Wharf. The property is located just moments from Crossharbour DLR and benefits from secure parking.

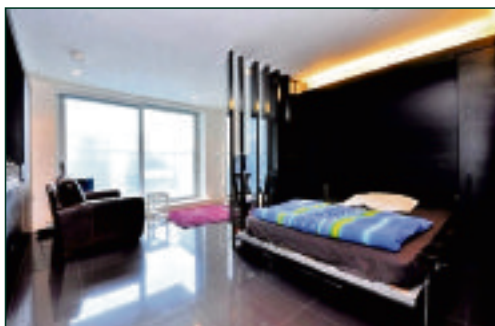
Docklands 020 7510 8444



St Davids Square, E14 £499,995 L/H

Two double bedroom, two bathroom, 4th floor apartment offering a large living room with floor to ceiling windows and access to a balcony overlooking communal gardens and offering views towards the river Thames. Secure, underground parking, 24 hr concierge, gym and swimming pool.

Docklands 020 7510 8444



Pan Peninsula, E14 £310,000 L/H

A 30th floor, studio suite situated within Canary Wharf's most sophisticated residential building. Features include, separate living and sleeping areas, luxury shower room and south facing balcony. On-site facilities include 24hr concierge, fully staffed fitness suite and residents' cinema.

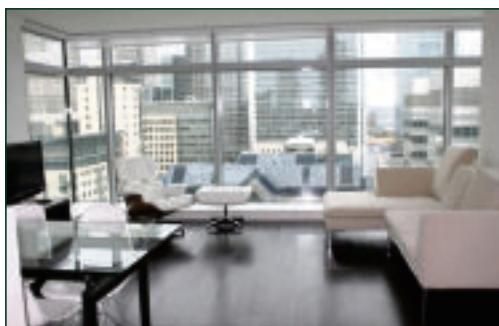
Pan Peninsula 020 7536 7900



Wards Wharf Approach, E14 £225,000 L/H

Well presented, one bedroom, balcony apartment situated on the 1st floor of this popular development conveniently located just moments from Pontoon DLR for access to Canary Wharf and the City and benefitting from 24 hour concierge, residents' gym and parking.

Canary Wharf 020 7515 1000



Pan Peninsula, E14 £695 pw

Two bedroom, two bathroom, designer furnished apartment situated on the 22nd floor of this luxury residential development. The property offers city views, balcony, wood floors and marble bathrooms, 24 hour concierge, private cinema and fully staffed leisure suite.

Pan Peninsula 020 7536 7900



Indecon Square, E14 £430 pw

Two bedroom, two bathroom, dual aspect apartment in this landscaped, courtyard development with 24 hour concierge service within walking distance of Canary Wharf. Private balcony overlooking gardens, fully integrated and appliances kitchen, wood flooring and designer furnishing.

Docklands 020 7510 8444



No1 The Plaza, E3 £410 pw

A brand new, two bedroom, two bathroom, twenty second floor apartment with balcony situated in this fabulous, Barratt Homes development. Wooden flooring, high specification throughout, fully integrated kitchen, designer furnishing and 24 hour concierge.

Canary Wharf 020 7515 1000

Canary Wharf office

Horizon Building, 15 Hertsmere Road, London E14 4AW

Tel: 020 7515 1000 | canarywharf@chaseevans.co.uk

Pan Peninsula office

Pan Peninsula, 1 Millharbour, London E14 9XP

Tel: 020 7536 7900 | panpeninsula@chaseevans.co.uk

Docklands office

St Davids Square, 320 Westferry Road, London E14 3QL

Tel: 020 7510 8444 | docklands@chaseevans.co.uk

Head office and Property Management

Third Floor, 6 Malvern House, 199 Marsh Wall, London E14 9YT

Tel: 020 7510 8430 | propertymanagement@chaseevans.co.uk

wj. meade

Established 1953

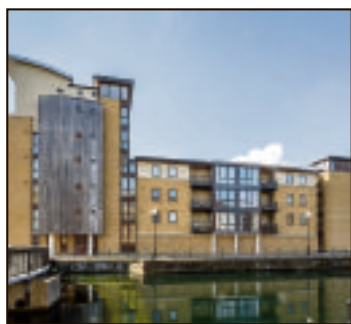
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020 8981 3331

**Canary Wharf, E14**

W.J. Meade are pleased to offer this superbly well presented first floor apartment within a desirable riverside development, closely situated to Canary Wharf. Set behind security gates off a quaint pebbled street, the property comes with a private garage. Boasting direct views over the river towards the O2 Arena, internally arranged over 605 ft with a dual aspect reception room open plan to fully fitted kitchen, West facing balcony, double bedroom with fitted wardrobes and stylish shower room.

£325,000 L/H**Bow, E3**

W.J. Meade are delighted to offer for sale this fourth floor apartment within this private purpose built block. The many outstanding features include two double bedrooms, large attractive living room with open plan kitchen area, bathroom, under floor heating, south facing balcony, communal terrace, lift to all floors, allocated off street parking set behind electronic security gates. Close to Roman Road local shops and amenities. Walking distance to Bow and Bromley-by-Bow Underground stations as well as Bow Church DLR which provides easy access to both Canary Wharf and Westfield Shopping Centre.

£339,995 L/H**Limehouse Cut, E14**

An outstanding loft style apartment within this purpose built building, part of the historic Spratt's gated community next to the Limehouse Cut Canal. The many outstanding features include two bedrooms, amazing 31ft. reception room with high ceilings, balcony, designer fitted kitchen area, gas central heating and underground parking space. Situated within walking distance to Langdon Park DLR, many local shops and amenities. This property is ideal for purchasers working in the West End, City and Canary Wharf.

£649,999 L/H**Isle Of Dogs, E14**

An impressive three double bedroom apartment overlooking the river and towards Greenwich. Arranged over 1038sq ft with a large reception room, adjoining balcony, fitted kitchen and two bathrooms. Situated on the 5th floor of the popular St David's Square development, enjoying communal swimming pool, gymnasium and leisure facilities. On-site concierge and secure parking. Close proximity to Island Gardens DLR and the Thames Clipper River Bus service.

£495 pw**Poplar, E14**

W.J. Meade are delighted to offer for sale as sole agents this Victorian period ground floor conversion. This apartment is arranged over 524 sq ft and consists of lounge, double bedroom, kitchen, bathroom, own rear garden and offered on a chain free basis. Located with convenient access to either East India DLR or Canning Town underground station.

£175,000 L/H**Bethnal Green, E2**

W.J. Meade are pleased to offer this well presented two double bedroom, top floor apartment overlooking the Regents canal and Wrennigton Green. Arranged over 761sq ft with two bathrooms, fitted kitchen opening to a large reception, two balconies and allocated parking. The property has been redecorated to a contemporary standard and benefits from gas central heating, loft storage and security entry phone. Well situated close to Victoria Park, Bethnal Green and Mile End stations. Chain free.

£395,000 L/H**Victoria Park, E3**

W.J. Meade are delighted to offer for sale this modern Town House set within the Driffeld Conservation Area set behind electronic security gates. The many outstanding features include designer fitted kitchen/breakfast room, reception room, own terrace overlooking the Canal, four bedrooms, bathroom, guest cloakroom, allocated off street parking, fully alarmed, gas central heating, fully double glazed, separate side entrance. Walking distance to Roman Road where you have many local shops, stores and amenities and the street market. Also, easy access to Bethnal Green and Mile End central line station.

£750,000 F/H**Bromley-by-Bow, E3**

Seconds away from Bromley by Bow tube station, adjoining two double bedroom apartment, fully furnished, open plan kitchen lounge, south facing balcony overlooking the River Lea, private parking available, 6 month let, ideal for professional sharers, available May for long Let.

£325 pw

STRATFORD & ROYAL DOCKS

020 8221 8161

**PUBLIC NOTICE**

Flat 6, Shale Court, 88B Romford Road, Stratford, London, E15 4FD.

We are acting in the sale of the above property and have received an offer of £275,000 on the above property. Any interested parties may submit any higher offers in writing to the selling agent before exchange of contracts takes place. The energy performance rating is 83 (B).

**Stratford, E15**

Offering for sale this one bedroom modern apartment set in this sought after development opposite stratford station and the westfield shopping complex. This property is ideal for a first time buyer or a buy to let investment.

£220,000 L/H**Stratford, E15**

One bedroom ground floor purpose built flat located close to West Ham Station (District, Jubilee, Hammersmith and City Line, National Rail and DLR). Within easy reach of Stratford Station and The Westfield development also comes with ample parking. This property is an ideal first time purchase or buy to let investment.

£130,000 L/H**Stratford, E15**

A chance of luxury contemporary living set in this just completed Victorian school conversion, meeting all your modern day living requirements. The property has lift access to the upper floors, some having private gardens, whilst many have mezzanine floors, en-suite bathroom/shower rooms and high ceilings. Giving a light and spacious all properties are unique. Available 4th of May to move in.

£1,650 pcm
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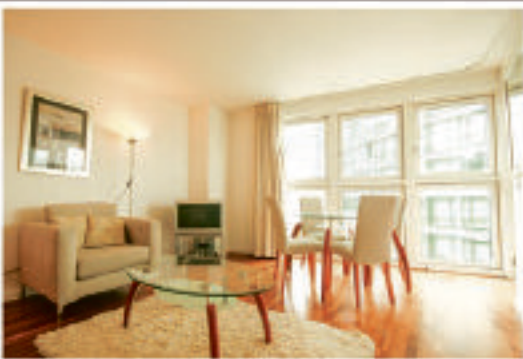
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New Providence Wharf E14

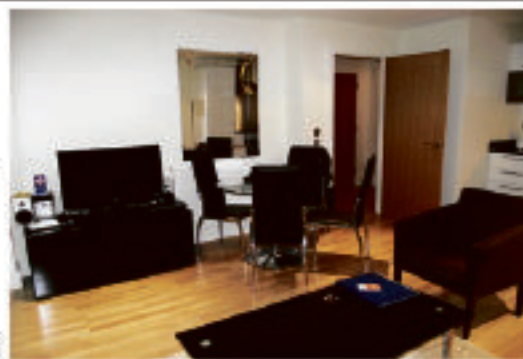
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- Resident Gymnasium
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- 17th Floor Apartment



1 bed 1 bath
£320.00 per week

Denison House E14

- Available Mid June
- Walking distance to Canary Wharf
- Close to South Quay DLR
- 1 Gb/s broadband available



1 bed 1 bath
£330.00 per week



Lowry House, Canary Central - E14

The property offers 530 sq ft of living space and is presented in fine order with all fixtures and fittings being of high quality. The apartment includes secure allocated underground parking.

Asking Price £275,000.00 1 bed 1 bath

New Providence Wharf - E14

The property benefits from a balcony with partial river views and plenty of natural light. Fixtures and fittings are of a very high standard and hard wood flooring is laid throughout. New Providence Wharf offers an array of facilities including a 24 hour concierge service, luxury leisure complex with swimming pool and gym and additional on site facilities including a coffee shop.

Asking Price £320,000.00 1 bed 1 bath



Cobalt Point Lanterns Court E14

- Available Now
- Gymnasium Facilities available
- Parking Included
- 24 Hour Concierge
- 1 Gb/s broadband available



2 bed 1 bath
£460.00 per week

Denison House Lanterns Court E14

- Available Now
- Walking distance to Canary Wharf
- 1 Gb/s broadband available
- On Site Gymnasium
- Parking Included



3 bed 2 bath
£550.00 per week

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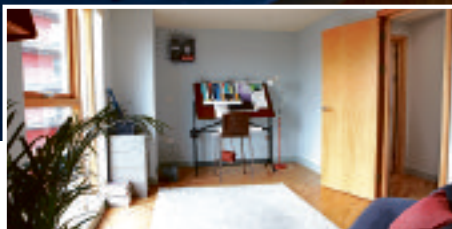
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